ALASKA MENTAL HEALTH TRUST AUTHORITY

FULL BOARD MEETING

August 26, 2015 9:00 a.m.

Taken at:

Alaska Mental Health Trust Authority 3745 Community Park Loop, Suite 200 Anchorage, Alaska 99508

OFFICIAL MINUTES

Trustees present:

Russ Webb, Chair Mary Jane Michael Paula Easley Larry Norene Carlton Smith Laraine Derr

Trust Staff present:

Steve Williams Jeff Jessee Miri Smith-Coolidge Kevin Buckland Carrie Predeger Carley Lawrence Amanda Lofgren Mike Baldwin Katie Baldwin-Johnson Nancy Burke Luke Lind Vallette Keller Natasha Pineda

TLO Staff present:

John Morrison Sarah Morrison Mike Franger Craig Driver Also participating: Kathy Craft; Tawny Buck; Chris Cook; Nelson Page; Al Wall (via speakerphone); Kate Burkhart; Diane Casto; Denise Daniello; Christine Johnson; Patrick Reinhart; Mystie Rail; Amy Simpson; Dallas-Lee Bower (via speakerphone); Doug Bridges (via speakerphone); Eliza Eller; Naomi Nelson; Tom Chard (via speakerphone); David Levy.

PROCEEDINGS

CHAIR WEBB calls the meeting of the Board of Trustees to order and calls the roll. He moves to the agenda and makes a change from lunch on own to an executive session. He states that there is a significant legal and financial issue to deal with at that executive session. He asks for a motion to approve the agenda.

TRUSTEE NORENE makes a motion to approve the agenda.

TRUSTEE MICHAEL seconds.

TRUSTEE DERR states that on the agenda is an approved revised bylaws, which are not in the package.

CHAIR WEBB states there are none and will leave that off. With that additional change, he has a motion and a second.

There being no objection, the motion is approved.

CHAIR WEBB moves to the minutes of May 13th, May 19th, June 5th, and June 30th.

TRUSTEE DERR makes a motion to approve the minutes of May 13, 2015.

TRUSTEE NORENE second.

TRUSTEE DERR states that she has one correction. On page 9, toward the bottom, it says: "Trustee Easley asks if there was a letter from the CMS stating that the Trust could withdraw from the system." She continues that she would like to make sure that states that the State could withdraw from the system.

CHAIR WEBB states that that is appropriate.

There being no objection, the motion is approved.

TRUSTEE NORENE makes a motion to approve the minutes of May 19, 2015.

TRUSTEE MICHAEL seconds.

There being no objection, the motion is approved.

TRUSTEE NORENE makes a motion to approve the minutes of June 5, 2015.

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TRUSTEE MICHAEL seconds.

There being no objection, the motion is approved.

TRUSTEE NORENE makes a motion to approve the minutes of June 30, 2015.

TRUSTEE DERR seconds.

There being no objection, the motion is approved.

CHAIR WEBB asks for any ethics disclosures. There being none, he moves to the guiding principles, stating that they are in the packet and on the Web site. He states that the current bylaws are in the packet and on the Web site. He moves to looking at approving the revised regulations and asks for a motion.

TRUSTEE SMITH makes a motion to approve the revised regulations.

TRUSTEE EASLEY seconds.

MR. WILLIAMS asks that the actual motion be read into the record.

TRUSTEE SMITH makes a motion that the Full Board of Trustees adopt 20 AAC 40.010 through 20AAC 40.990 as written in the March 30, 2015, draft regulations.

TRUSTEE EASLEY seconds.

There being no objection, the motion is approved.

CHAIR WEBB moves to trustee board elections. He states that the trustees are required annually to elect officers of the board at the September meeting, which is now. He states that the floor is open for nominations.

TRUSTEE NORENE nominates Russ Webb for chairman.

TRUSTEE MICHAEL seconds.

There being no objection, the motion is approved.

CHAIR WEBB asks for nominations for vice chair.

TRUSTEE SMITH makes a motion to nominate Mary Jane Michael as vice chairman, and asks unanimous consent.

There being no objection, the motion is approved.

CHAIR WEBB asks for nominations for secretary/treasurer.

TRUSTEE MICHAEL makes a motion to nominate and ask unanimous consent to elect Larry Norene as secretary/treasurer.

There being no objection, the motion is approved.

CHAIR WEBB states that the board elections are complete.

TRUSTEE DERR states that she thought there was an agreement to meet and have a general discussion before the board elections for officers. She continues that discussion was at the May meeting and wanted to comment on that.

CHAIR WEBB states that he does not recall, but she could be correct and notes her comment. He moves forward to the staff report.

STAFF REPORT

MR. JESSEE states that John McClellan has resigned as trustee, effective last Friday. He continues that John has had some health issues and will be laid up for a while. He adds that the good news is that John seems to be doing well and is on his way to recovery. He states that next is the big-picture meeting with the Office of Management and Budget has been set for September 14, and we will be looking for how the board wants to participate in this. He explains that this is where the recommendations are taken to meet with Pat Pitney, the OMB director and her analysts, and go over the recommendations and have a dialogue.

CHAIR WEBB asks to discuss the process for trustee involvement at a later time.

MR. JESSEE also reminds the board that the Juneau board meeting is January 27 and 28, 2016. He states that the travel arrangements need to be made. He moves to Steve Williams for an update on the Criminal Justice Working Group Title 12 report and committee actions. He adds that Mr. Williams has done a great job on that as chair and in spearheading Title 12.

MR. WILLIAMS states that the Criminal Justice Working Group created an ad hoc committee in 2011 to look at the capacity of API. He adds that, at that time, API was consistently operating above its 72-bed capacity. Part of the recommendations that were pulled together included a number of things -- some related to straight-up practices that were happening between the various stakeholders that have a part of the process. He continues that having someone look at the statutes that are on the books today around legal competency, Alaska Statute Title 12; and within Title 12, the interface with civil statutes, Title 47, involuntary civil process. He adds that those statutes have not been looked at in many years. He states that in order to improve the system, this ad hoc committee requested that the Trust provide funding to hire a contractor to do a review of the current statutes; compare the current statutes to the best practices nationally; and come back with recommendations on how and where the statutes could be updated to comport with national best practices, and also clean up the ambiguity in the statutes. He continues that the committee has been working with the contractors for the last year, and the outcome was a decision to take that report and its recommendations and move it forward to the Alaska Criminal Justice Commission to take the information and policy recommendations and move it through a process to get the statutes amended, if that Commission so desires. He talks about the lack of

established guidelines for juvenile competency, and the smaller committee formed to focus on developing a separate set of standards on how juvenile competency should be handled. He states that the traditional criminal justice system is based on an adversarial approach and is set up in a negative way. He explains how the committee approached dealing with this on a number of different levels, with the idea of setting a path for the way the system should be to best serve Alaskans. He adds that the report will be posted on the Web site and has hard copies available.

CHAIR WEBB asks if Mr. Williams could briefly outline the problems encountered and why it became an issue.

MR. WILLIAMS replies that at the very beginning the fact that API was over-capacity on a consistent basis was the concern. The question was how to create an efficient system to find competency, restore competency, so that the proceedings could continue. He explains more fully, giving examples of how the process works.

A discussion on the issue of capacity at API ensues.

MR. WILLIAMS states that it has been a struggle for API to have someone in place to do the evaluations that meet the credentialing qualifications. He continues that some of the recommendations in the report address and reduce the level of qualification needed to do that type of evaluation.

The discussion continues.

MR. JESSEE states that there are a lot of issues around API and API's capacity and census. He adds that Al Wall, director of the Division of Behavioral Health, is on the phone.

CHAIR WEBB recognizes Al Wall.

MR. WALL begins by thanking Jeff Jessee and the Trust for their work with the Division of Behavioral Health on this specific issue, and he thinks that headway is being made. He points out that the acute beds in the state are pretty much maxed out. He continues that this is a situation that needs to be addressed and is exacerbating the other issue of increasing forensic evaluations. He states that there has been an upsurge in the forensic patient populations, and another ward had to be repurposed specifically for this population. He states that there are opportunities in the future to change how forensic evaluations are done. He continues that some of those things can be reengaged. In particular, it is acceptable for API to contract for psychologists that are not specifically employees of API. He states that there is a great deal of responsibility placed on API, and the reality is the lack of funding. He explains that there was an overbudget in personnel costs due to overtime and premium pay. He adds that the funding to reach out and secure a contract for a forensic evaluator to do evaluations on an as-needed basis is simply not there. He states that there is a plan to start one court in an outlying area with the process being done by a telepsych presence rather than in person, which would be beneficial. He continues that he would like to see two separate evaluation processes: one for nonviolent offenses that is separate from the violent felony offenses. He thanks all.

MR. JESSEE goes back to the trustee recruitment process, stating that the Governor is going to have to appoint a replacement. He states both he and the chair have been in contact with Boards and Commissions. He asks the chair if the nomination process is being cranked up.

CHAIR WEBB states that he was sent a list of folks who had expressed an interest in serving as a trustee. He continues that it is important to think about what skills and abilities would be important to complement the current board members with a new board member.

MR. JESSEE gives an update on a number of meetings, including the Senate Committee on Indian Affairs. He asks Mr. Baldwin for a brief update on the rural outreach trip.

MR. BALDWIN states that the next rural outreach trip is scheduled for November 3, 4, and 5, 2015; and is currently in the planning process. He continues that the focus is upon criminal justice and recidivism and re-entry issues as it overlaps with the Beneficiaries. He adds that the trip is generally around the state with travel to the Nome region, and Galena will be one of the villages being pursued. He states that the information on other villages should be available in the next several weeks.

TRUSTEE MICHAEL asks how many people are going.

MR. BALDWIN replies that there are currently 51 potential invitees on the list. The core group is the Criminal Justice Commission.

A short discussion ensues.

MR. JESSEE asks Nancy Burke for an update on her transition over to the Municipality and then the PRI committee.

MS. BURKE states that the transition start date is Tuesday, September 1, 2015. There have been a couple of opportunities for media interactions which highlighted some of the issues, and we will be looking for more of those opportunities. She continues that the Assembly is ready to release their recommendations on the Downtown Substance Abuse Ad Hoc Committee which will overlap nicely with those for the homeless coordinator position. She adds that there are other plans with HUD and the Homeless Coalition that are moving forward. She states that she will be working on some documents to help provide education and balance the work in co-located projects in one unit versus how many units are going across the community in a scattered site model. Lastly, she continues that the MOA will be printed for Chair Webb to sign. She states that the PRI committee has met, and there are three projects that were selected for initial review. She continues that there is some due diligence work around the Trust's role and the interest in the specific projects. Steve Williams is helping, and this will transition to him. She adds that she will continue being a resource for guiding how it was set up.

MR. JESSEE recognizes Natasha Pineda for a quick update on the marijuana regulations.

MS. PINEDA states that the first set of regulations around local option has been released, as well as the second set which was primarily around licensing issues. The third set is primarily around

AMHTA

Full Board Meeting Minutes August 26, 2015 concentrates and all the extra issues that have not been addressed. She explains the regulations and states that set 3 is out now. She states that it will be reviewed and comments made in line with the policy recommendations. There will be a set at the end that will be reviewed in full, and any areas that are important to prevention to the beneficiaries will be voiced on public comments and will be on the record.

MR. JESSEE concludes the CEO report.

CHAIR WEBB moves into committee reports.

COMMITTEE REPORTS

RESOURCE MANAGEMENT COMMITTEE

TRUSTEE NORENE states there are a couple of items for approval, and begins with a negotiated oil and gas lease to Doyon.

TRUSTEE NORENE <u>makes a motion that the Resource Management Committee recommends</u> that the Trust Authority Board of Trustees concur with the negotiated lease of Trust land near Nenana with Doyon, Limited, for the exploration and development of oil and gas resources.

There being no objection, the motion is approved.

TRUSTEE NORENE <u>makes a motion that the Resource Management Committee recommends</u> <u>that the Trust Authority Board of Trustees approve the Trust Land Office operating budget, fiscal</u> <u>year '17, in the amount of \$4,397,500.</u>

There being no objection, the motion is approved.

TRUSTEE NORENE asks John Morrison for an update on the TLO.

MR. MORRISON states that there are intense discussions with the Forest Service in terms of their process and how to move forward with the understanding of moving towards an MOU that further defines the process and how to interact with the various federal and state agencies that will be involved. He continues that there is good progress, which is lengthy and rather detailed. He states that he had an opportunity to go to the Chuitna mine site and tour with a representative of PacRim Coal. He continues that it was enlightening in terms of the conditions of the land and the Chuitna River. He adds that he will be proposing a trip to the site for the trustees to see and get a better perspective. He states that he was able to make a presentation to the Department of Natural Resources Water Division concerning the Chuitna Citizens' Coalition application for a mainstream flow reservation, which went well. He continues that the Section 106 cultural landscape is being monitored and in discussion with the Corps of Engineers. He moves on to the issue of the recent mud slides in Sitka. He states that the one person that might have been affected was not directly affected by the recent landslides. He continues that the situation appears to have stabilized and does not appear to require any additional efforts or updates. He moves to the acquisition in San Antonio, stating that they are waiting for a couple of final documents needed in order to have a closing. There is also some significant and increased

interest in the Subport parcel in Juneau, with interest that may be able to carry the project forward. He states that there is considerable back and forth on the No Name Bay lawsuit issue with no apparent resolution at this time. He concludes his report.

A short discussion ensues.

TRUSTEE NORENE concludes the Resource Management report.

CHAIR WEBB moves on to the Planning Committee report.

PLANNING COMMITTEE REPORT

TRUSTEE EASLEY states that the Planning Committee met and everyone participated except for John McClellan, who was excused. She continues that there was an excellent in-depth presentation on the Alaska Behavioral Health System's assessment by Heidi Wailand and Michael Baldwin. The final draft is being reviewed by the steering committee and the stakeholders. She states that the project highlights that the behavioral health system is undergoing a tremendous period of change with gaps in the continuum of care which contributes to a cycle of service crisis which impacts all the beneficiaries. She continues that there is a disconnection between the regulations and practices that suggest an opportunity for improvement, especially in light of Medicaid reform and expansion. There were recommendations for greatly improving billing to Medicaid throughout rural Alaska, and adds that some education is needed in that regard. She continues that the second session of the meeting was the overview of the FY17 budget, and a prioritized list of new opportunities to consider while finalizing the FY17 budget. She states that Nancy Burke reported on the program-related investment potential projects and asks her to talk about some of the projects.

MS. BURKE states that one of the projects is Assets; to transfer the property or to establish a lease that will enable them to utilize the facility that was transferred to the Trust from the State of Alaska with that intent. The second one is a gap assistance request for a loan and grant mix of \$900,000 to support the Safe Harbor transitional housing project in Muldoon in Anchorage. She continues that the third project is a request to assist Fairbanks Community Mental Health Services in acquiring the facility that was formerly operated by the Mental Health Center that went out of business in Fairbanks.

TRUSTEE EASLEY states that Trustees Larry Norene, Mary Jane Michael, and Carlton Smith are on the committee to review those projects. She continues reporting on the matter of Medicaid reform and expansion, criminal justice reform, and workforce capacity issues that were discussed during lunch. She states that key trends were looked at, and Trust staff was given guidance on bringing that plan for targeting the workforce efforts on reform and expansion initiatives for consideration at this meeting. She continues through the budget briefing and the presentation by Carrie Predeger on mini-grants. She asks for any questions.

A brief discussion ensues.

TRUSTEE EASLEY concludes the Planning Committee report.

MS. BURKE clarifies that the initiative is still being maintained, and Amanda Lofgren will be meeting with the Trust and coordinating with the statewide homeless coalition groups as she transitions.

CHAIR WEBB calls a break.

(Break.)

CHAIR WEBB reconvenes the meeting and moves to the Finance Committee. He asks Trustee Michael, the interim Finance Committee chair, to give that report.

FINANCE COMMITTEE REPORT

TRUSTEE MICHAEL begins with the cash management report and recognizes Kevin Buckland.

MR. BUCKLAND begins with the updated cash management sheet for FY15. He states that the State is continuing to go through the reappropriation period in July and August to make adjustments to prior-year books. He adds that this has been updated to incorporate the changes that have been made and states that there were no significant changes. He goes through the cash management sheet, explaining as he goes along.

TRUSTEE EASLEY asks how the Trust Land Office revenues total compares to the last five years and how much it has grown.

MR. BUCKLAND invites the Land Office to comment on that.

MR. JESSEE states that the payout calculations show the TLO spendable income figures for the last four years and it is between \$3.3 million in '13 and \$5.5 million for '15, and that is spendable income.

MR. MORRISON states that copies of a graph will be made and handed out. He continues that over the time frame two things were tried: Diversifying the income streams, and focusing more on the income to help facilitate trustees' wishes for income revenue.

MR. BUCKLAND continues with the explanation of the cash management report.

A discussion on the Permanent Fund and the payout ensues.

TRUSTEE SMITH asks if the chief investment officer at the fund or Callan are in regular contact with Mr. Buckland.

MR. BUCKLAND replies that he is in contact with the accounting side of the Treasury or the Permanent Fund and the State comptroller.

TRUSTEE SMITH asks if the trustees are briefed on those assets by anyone other than Mr. Buckland.

MR. BUCKLAND replies absolutely. He states that there was an update from folks in Treasury relating to the investment managers in Juneau last January. That can also be done with the Treasury. He continues his report.

TRUSTEE MICHAEL asks Mr. Morrison for any comments on the chart that was presented.

MR. MORRISON reiterates the idea of looking over the years past and comparing the years. He states that the goal is to manage and achieve the desired outcomes.

MR. BUCKLAND completes the cash management overview.

TRUSTEE MICHAEL moves to some motions that have to be put forward.

TRUSTEE WEBB makes a motion that the Board of Trustees approve the Finance Committee's recommendation to ratify the Legislature's FY16 MHTAAR and Mental Health Trust admin budget amounts, appropriated in the second special session of CCS HB 2001, and, therefore, increase the previous FY16 Trustee authorizations by \$82,500.

There being no objection, the motion is approved.

TRUSTEE MICHAEL <u>makes a motion that the Board of Trustees approve the Finance</u> <u>Committee's recommendation for the Trust Land Office operating budget for FY17 in the</u> <u>amount of \$4,397,500.</u>

There being no objection, the motion is approved.

TRUSTEE MICHAEL makes a motion to approve the Finance Committee's recommendation to approve the FY17 Trust Authority MHT admin fund's budget of \$3,542,000.

MR. BUCKLAND states that the \$70,000 funds for a microphone system was not included in the budget. The new total would be \$3,612,000.

TRUSTEE MICHAEL amends the motion to \$3,612,000.

There being no objection, the motion is approved.

TRUSTEE MICHAEL <u>makes a motion to approve the Finance Committee's recommendation for</u> <u>a \$75,000 FY16 partnership grant to Southeast Alaska Independent Living for the sale of the</u> <u>Haines Wellness Center Project</u>.

There being no objection, the motion is approved.

TRUSTEE MICHAEL <u>makes a motion to approve the Finance Committee's recommendation for</u> <u>\$100,000 FY16 partnership grant to Alaska Community Foundation for the Domestic Violence</u> <u>Shelter improvement project.</u>

There being no objection, the motion is approved.

TRUSTEE MICHAEL makes a motion for the board to approve the Finance Committee's recommendation for \$100,000 FY16 partnership grant to Bean's Café for the Bean's Café administrative office and the Children's Lunchbox Kitchen and Warehouse project.

There being no objection, the motion is approved.

TRUSTEE MICHAEL <u>makes a motion to approve the Finance Committee's recommendation for</u> <u>\$75,000 FY16 partnership grant to Central Peninsula Hospital for the Diamond Willow Sober</u> <u>Living project.</u>

There being no objection, the motion is approved.

TRUSTEE MICHAEL <u>makes a motion to approve the Finance Committee recommendation for</u> <u>\$150,000 FY16 partnership grant to Alzheimer's Resource of Alaska for conflict-free case</u> <u>management person-centered care coordination.</u>

TRUSTEE DERR states that she will be involved in the International Alzheimer's study and will report the process as it goes along.

There being no objection, the motion is approved.

TRUSTEE MICHAEL makes a motion to approve the Finance Committee's recommendation for \$175,000 FY16 MHTAAR grant to Alaska Department of Health and Social Services Senior and Disability Services for the General Relief Assisted Living Care Assessment's project.

There being no objection, the motion is approved.

TRUSTEE MICHAEL <u>makes a motion to approve the Finance Committee's recommendation for</u> \$67,500 FY16 disability justice focus area allocation for the Alaska Legal Services appropriation for the Holistic Defense Model project.

There being no objection, the motion is approved.

TRUSTEE MICHAEL acknowledges the approval of two 15-passenger vans for Alaska Christian College at the August 5, 2015 Finance Committee meeting. That was under \$50,000 and did not require board approval.

CHAIR WEBB thanks Ms. Michael and moves to the FY16 budget approvals.

FY16 BUDGET APPROVALS

MR. JESSEE states that the trustees need to approve the small project applications per the opinion of the Attorney General's office.

TRUSTEE DERR <u>makes a motion to approve the recommended FY16 small projects from the</u> July application period in the amount of \$46,900.

TRUSTEE MICHAEL seconds.

There being no objection, the motion is approved.

MR. JESSEE moves to the proposed assistance to the Department of Health and Social Services for Medicaid expansion admin costs for the first year.

TRUSTEE MICHAEL makes a motion to approve the FY16 MHTAAR allocation from the budget reserve in the amount of \$1,590,700 for Medicaid expansion eligibility and claims support. In authorizing this project, the board of trustees finds that it will further the Authority's purpose to ensure an integrated comprehensive mental health program and that the Department of Health and Social Services has submitted an adequate plan for project implementation, including both financial feasibility and project effectiveness, demonstrated that sufficient expertise is available to accomplish the objectives of the proposed program or project, has identified operating, maintenance, and other costs associated with the project, including those auxiliary to the project, and future obligations associated with the project.

TRUSTEE NORENE seconds.

TRUSTEE DERR asks what budget reserve this is coming from.

MR. BUCKLAND replies that, if approved, the funds will be taken out of budget reserves and ultimately there would have to be a trustees' request to authorize a transfer of funds from budget reserves. He continues that it would essentially be a direct withdrawal from budget reserves either at Treasury and/or Alaska Permanent Fund.

A discussion ensues.

CHAIR WEBB states that this follows at least 20 years of the Trust, the Legislature, and several Governors doing exactly this.

TRUSTEE DERR states that the Trust will be taking heat for this and it needs to be emphasized that the Trust is funding the start-up costs. The Trust is funding it at the beginning, and as the federal government steps down over the years, the State needs to step up.

CHAIR WEBB states that this Medicaid expansion will further the Authority's purpose to ensure an integrated comprehensive mental health program. He continues that, from the Trust's perspective, Medicaid does not address every issue that the beneficiaries face, but is the chosen mechanism by the Legislature to fund the entire behavioral health system.

TRUSTEE MICHAEL states that Sam Kito did a very good editorial on Medicaid and his vote against suing the Governor. He also made an interesting point that by increasing the number of people getting insurance, the market increases, and the insurance costs have gone up because of the size of the market.

TRUSTEE SMITH asks if there is a plan as to how the visibility of the Trust will be managed in this issue going forward.

MR. JESSEE replies that how the trustees decide to address that issue will then frame the public response to explain what the trustees have done as reflected in the motion and in the letter response to the leadership.

There being no objection, the motion is approved.

MR. JESSEE states that issue is concluded and moves on to one more FY16, the prisoner reentry coalition.

MS. PINEDA states that there is a proposed motion and a memo. She reminds all that this is a follow-up to the funds authorized in May for the prisoner re-entry initiatives, re-entry coalition. She states that this summer was spent on working on the AK-PRI, the Alaska Prisoner Re-entry Initiative, to develop the RFP to come up with a procurement and put out a proposal. She continues that Deputy Commissioner Casto and Dennis Schrantz, the contractor for AK-PRI, will be here this afternoon and will be available for any questions.

CHAIR WEBB asks for a motion.

TRUSTEE DERR <u>makes a motion to approve the FY16 Authority Grant allocation in the amount</u> of \$400,000 for the purpose of the Alaska Prisoner Re-entry Initiative, Re-entry Coalition Capacity Development.

TRUSTEE MICHAEL seconds.

There being no objection, the motion is approved.

MR. JESSEE states that that part of the agenda is concluded.

CHAIR WEBB recognizes Steve Williams with his presentation on the API issue.

MR. WILLIAMS states that he will talk about the civil side and gives a short background on individuals what were admitted into API and displayed symptoms of their mental health disorder. These symptoms resulted in behaviors that caused API to call police. He continues that in some of those cases the police maybe de-escalated the situation. Other cases, the individual may be cited with a criminal charge, but left at API. Or the person was cited with a criminal charge and remanded to the Anchorage Jail. With juveniles there is an agreement with the Division of Juvenile Justice that staff will pick up and transport the youth from API to the McLaughlin Youth Center. There is no police involvement and no record of how many times this is happening. This is one of the issues that Juvenile Justice brought forward to the group. The data was gathered showing a huge spike in arrests, citations, remands at both the adult and juvenile level happening at API. He continues that the key stakeholders were pulled together to have the conversation about what is being seen and why. At the last meeting, they came away with a next action step that API was going to start to put together a more regular report that would give the number of incidents so the group could go over them. He states that the administrative staff at

API has instituted a couple of things to start to make that shift. They have moved away from the traditional approach, NAPPI, Nonabusive Psychological and Physical Intervention. The other thing identified was the staffing ratios and shortages. API has been able to increase staff by four, and are on their way to increasing it to five. He states that API is in the process of trying to put online more information about admits, discharges and other demographic information about the Alaskans who go there for care and are released.

CHAIR WEBB states that Al Wall is on the line and asks if he has any questions.

MR. WALL states appreciation for the Trust's help on these issues. He continues that we have had meetings specifically regarding this issue with our staff, the safety committee and other interested parties, including the advocates and even the union. He gives a broader picture, explaining the spike in incidents that resulted in staff calling the police. He states that many times the individual staff person who is involved in the assault will call the police rather than the API administration. It is very often someone on the floor who was involved in an altercation that resulted in an injury who calls the police. He continues that this is a huge area of concern because it involves the safety of the patients, as well as the safety of the personnel. He states the hope that the new curriculum that is being taught for de-escalation and nonviolent confrontation will help the process.

A short question-and-answer discussion ensues.

CHAIR WEBB recognizes Kate Burkhart.

MS. BURKHART states that she is director of the Alaska Mental Health Board and re-enforces the comments made about the efforts being made to change culture. She reminds the trustees that the issue of overreliance on seclusion and restraint was brought to everyone's attention about five years ago when API started publishing their dashboard. She states that the culture is pretty pervasive in the hospital and the efforts to change that culture are not going to happen overnight. She continues that Dr. Ring approached the Alaska Mental Health Board earlier this year looking for assistance in this effort and asked that the Alaska Mental Health Board create a committee of folks with expertise and experience to help advise the hospital. She adds that the members agreed to do that because they knew that the Department and the Division were planning to dissolve the API advisory board; and subsequently learned that the Department has decided to create a governing body staffed only by people internal to the Department. She states that there is no consumer or external representation on that body, and we do not know if that actually will provide the level of guidance and expertise that was sought by the hospital in May. She states concern on the lack of transparency and the sudden shift from even a weak advisory board to a completely internal body. She appreciates the work that has been done by Mr. Williams and others, and hopes that what she has offered will be helpful.

CHAIR WEBB adjourns for lunch and asks for a motion to move into Executive Committee.

TRUSTEE NORENE <u>makes a motion to go into executive session for the purpose of discussing</u> <u>financial and litigable issues.</u>

TRUSTEE MICHAEL seconds.

There being no objection, the motion is approved.

(Executive session from at 12:17 p.m. until 1:08 p.m.)

(Lunch break.)

CHAIR WEBB calls the meeting back into session, and moves into the partner updates. He recognizes Diane Casto.

MS. CASTO states that she is the deputy commissioner for the Department of Corrections and gives a short background of her experience. She continues that she has 17 years of nonprofit experience and 20 years with the State of Alaska. She adds that she is really excited to be at the Department of Corrections. She gives a short update of some of the things that are being done at the DOC, and then moves to the partnership programs with the Trust. She states that one of the things she was specifically hired to take lead on is the issue of Prisoner Re-entry Initiative. She continues that her job is to oversee all of the institutions, all probation and parole, and Prisoner Re-entry Initiative. She adds that her philosophy of making things better fits with having temporary custody of people that have committed a crime and make sure they go back into their communities healthy and productive. She states a good portion of the inmates are an aging population and their needs have to be addressed. She adds that the health of the inmates is important; even the young population have incredibly complicated medical histories. She continues that the level of programming within the Department of Corrections is quite amazing with the inmates taking advantage and using those programs preparing themselves for when they get out. She talks about APIC, which is one of the partnership projects with the Trust, thanking the trustees for their help. She states that a process was instituted for the rural communities where there is no contract for APIC, which is working very well. She moves to fetal alcohol spectrum disorder and states that DOC is working with the Trust to help develop a screening tool for Corrections regarding FASD for a better idea of what is being dealt with. She continues that her long-term goal is to do full-blown diagnoses, which depends on the resources. She adds that they are looking at developing treatment protocols and are going to do some training to make sure that all staff is aware of the issues. The final project that she talks about is the negotiation to get a long-term nonperm research analyst to help with better organizing the data and understanding both the data and who is being served from the mental health behavioral health services. She moves on to the Alaska Prisoner Re-entry Initiative, and thanks the trustees for the funding of the four re-entry community coalitions that applied for grant money. She states that re-entry and recidivism reduction is a top priority and her goal in the issue of the initiative is to take away the word "initiative."

TRUSTEE EASLEY asks about the need for transitional facilities in the communities for people who have been treated.

MS. CASTO replies that the need is critical and explains.

TRUSTEE SMITH asks for a bit more information about the four coalitions and their makeup.

MS. CASTO describes the community coalitions, stating that they all develop a personality of their own based on who is at the table. She continues the needs to really engage the community because that is the way to keep coalitions fresh, active and committed.

A short discussion ensues.

TRUSTEE NORENE asks if there has been any effort at engaging the tribal or corporate-level Native population.

MS. CASTO replies that part of the Alaska Prisoner Re-entry Initiative is having an Alaska Native focus group being pulled together.

A short discussion ensues on the analysis of the potential impact of Medicaid expansion on the prisoner population.

MS. CASTO thanks all.

CHAIR WEBB thanks Ms. Casto and moves to the statutory advisory updates. He recognizes Denise Daniello.

STATUTORY ADVISORY UPDATES

ALASKA COMMISSION ON AGING

MS. DANIELLO states that she is executive director for the Alaska Commission on Aging and recognizes her chair, Mary Shields. She continues that the Mature Alaskan Skills Training program under the Department of Labor has been getting an increase in the number of people coming out of Corrections, seniors in need of work. She states appreciation for the new initiative. She continues that the Commission has 11 members with seven being public members, mostly of senior age that are appointed by the Governor to serve four-year terms. There are also four designated seats. She states that the Commission is very passionate about senior issues and believes that all older Alaskans should have the opportunity to meaningfully contribute to their communities, be respected and valued for their contributions, and to have access to services when and where they need them so that they can age in place for as long as possible. She states that in her presentation she will give a demographic overview about the senior population, senior Trust beneficiary population; present some highlights from the State plan, needs/assessment activities that were done in putting together the priorities for this RFR process; identify the senior safety net and possible budget recommendations for this fiscal year; and talk about some proposed strategies to improve cost efficiencies and present the policy and legislative recommendations. She continues that the price of oil directly impacts the amount of GF, and we have about a \$3.5 billion deficit and have already taken a 9.2 percent reduction in this year's State budget. She continues, moving on to her overview of the senior population and the demographics. She states that a senior survey was conducted and talks about the results. She continues that the No. 1 issue identified was access to affordable health care, and next was financial security, followed by senior housing. She continues going through the survey. The top response on the services that were missing in their communities was assisted living for seniors with mental illness. She moves to the reduced budget for senior benefits, stating that the

Division of Public Assistance is looking at three possible measures for sustaining the program and explains them in detail. She states that, according to AARP which ranked Alaska No. 5 in the nation, Alaska stands out in having the most balanced continuum of long-term support services. She continues that a lot of the energy is invested in the home- and community-based services that focus on prevention and intervention to hopefully postpone the need for higher-cost care. She adds that the amount of money available per senior has been declining for those programs, and the senior population continues to grow. She goes though some ideas on ways to improve cost efficiencies. She moves to the recommendations to strengthen Alaska's dementia care system, stating that many of these recommendations are in Alaska's Roadmap to invest in Alzheimer's disease and related dementia. She states that the recommendations are: to preserve and protect the senior safety net programs and services for senior trustee beneficiaries and other older Alaskans; to support family caregivers because they will be providing the long-term support services at home; to protect older Alaskans from financial exploitation, abuse and harm; and to support the Commission in the sunrise legislation. She states that the rural outreach meeting will be September 15-17 in Kenai; the last day will be at the public library in Girdwood and will be joined by the Anchorage Senior Advisory Commission. There will be a special topic presentation talking about the State's budget challenges and strategies. She adds that Commissioner Hoffman will be there making a presentation, and there will be information about Medicaid expansion and reform efforts by the Commissioner's office. She invites all to attend.

TRUSTEE MICHAEL thanks Ms. Daniello for an excellent presentation which helped address some of the questions the trustees have.

A short question-and-answer session ensues.

CHAIR WEBB thanks Ms. Daniello and recognizes Christine Johnson, the Alaska Statewide Court Administrator.

MS. JOHNSON states that she is the administrative director of the Alaska Court System, and on behalf of the court system thanks the trustees for the opportunity to speak about issues of common interest. She continues that many Trust beneficiaries find their way to the court system and appreciates the chance to work with the Trust to better inform and improve the response to these vulnerable citizens. She begins with a brief background of the court system. She moves to the current projects that impact Trust beneficiaries, stating that the therapeutic courts continue chugging along. There are 12 therapeutic courts: Five in Anchorage; two in Fairbanks; two in Juneau; one in Palmer; one in Ketchikan; and one in Bethel. She adds that there are two additional programs in the planning stage. The first is a substance abuse court that will be operated jointly by the Kenai Superior Court and the Kenaitze Indian Tribe. It will serve both tribal and nontribal members and will be presided by a judge from the Kenaitze Tribal Court and a Kenai Superior Court judge. She continues that the Kenaitze are spearheading this project and have received a federal grant for technical assistance from two similar state tribal programs Outside. She states the hope to start a second therapeutic court in Palmer that will operate in conjunction with the Palmer PACE program which serves felony probationers with substance abuse issues. She continues that PACE is another important initiative for the courts and is a special program operated by the Department of Corrections for probationers with a history of substance abuse. DOC is in the process of rolling out this program on a statewide basis. It is currently operating in Anchorage, Palmer, Fairbanks, Kenai, and Juneau. She moves on to the

Elder Task Force that was appointed to improve the court's response to elders and other vulnerable adults, particularly focusing on guardianships and conservatorships and the Court's oversight role, and proactively addressing the issue of abuse, neglect and financial exploitation of Alaska's elder population. The task force, chaired by Supreme Court Justice Dan Winfree from Fairbanks, has focused on the two primary areas of improving the quality of resources available to people involved in guardianship and conservatorship cases, and improving the processes for judicial monitoring of existing guardianship and conservatorship cases. She moves on to the most challenging cases that are the child protection cases, CINA cases. These cases involve child abuse and neglect. DJJ has gotten a grant from the Robert F. Kennedy National Resource Center for Juvenile Justice to study dually involved youth. Those are youth involved with both OCS, the Office of Children's Services, and DJJ. She, again, thanks the Trust for the ongoing support of the court system and the judiciary.

CHAIR WEBB asks if any of the information from the data committee is available publicly.

MS. JOHNSON replies that, right now, it is for internal use only.

CHAIR WEBB thanks Ms. Johnson and recognizes Patrick Reinhart.

MR. REINHART states that Kate Burkhart will begin.

MS. BURKHART begins with the every-other-year recommendation for essential program equipment for organizations serving Trust beneficiaries. She explains that this is a long-standing program managed by the facilities section of the Department of Health and Social Services and gives a short overview. She states that the money is \$250,000 MHTAAR and \$250,000 GF/MH, which is flat-funded. She moves to Coordinated Transportation, which means that there are funds available to organizations that serve beneficiaries to either maintain or purchase an accessible vehicle; and then share it in the community to make sure that Beneficiaries can get to their medical and social appointments and to school. She states that this program is run by the Department of Transportation and Public Facilities and the amount recommended is \$1 million GF and \$300,000 MHTAAR. The minor change to the recommendation is that of the \$300,000 MHTAAR, that there be a small Authority Grant of \$50,000 to the Alaska Mobility Coalition.

MR. REINHART states that he is a recent addition to the mobility coalition board of directors. He gives a short background of the Alaska Mobility Coalition, and states that it is currently entirely funded by membership dues. He continues that this recommendation of \$50,000 will provide some base funding.

MS. BURKHART adds that the Mobility Coalition has been a strong partner in helping inform on how access to regular and accessible transportation is important to being part of the community. She moves on to the grant for coordinated transportation, stating that there is almost \$2 million in transportation projects which leverages funds from the federal government going to projects that serve beneficiaries, including independent living centers, CARTS on the Kenai Peninsula, Care-A-Van, run by Catholic Community Services in Southeast. There needs to be a 20 percent match to participate. She moves to assistive technology for Trust beneficiaries with sensory impairments, explaining the project and its impacts. She asks Mystie Rail to continue. MS. RAIL shares an update of the SensAbility program, stating that it started with a one-time capital appropriation in July 2013 and has helped almost 670 Alaskan beneficiaries that experienced vision and/or hearing impairment by providing lifetime loans of almost 1400 pieces of assistive technology. She gives some examples of the impact of this program. She thanks the trustees for their continued support in helping change the lives of Alaskan beneficiaries. She shares a short audio recording of the experiences of a beneficiary from Kenai.

GOVERNOR'S COUNCIL ON DISABILITIES AND SPECIAL EDUCATION

MR. REINHART gives a short background of the Governor's Council on Disabilities and Special Education and explains their three federal responsibilities. He introduces their new chair, Amy Simpson.

MS. SIMPSON states that she has been a member of the Council for seven years and adds that the Council has been going through some transitions and changes over the last year. She continues that they are going to be starting the new five-year plan that will be gathering information throughout the state and looking at how to help support individuals with disabilities across the state.

MR. REINHART states that Ric Nelson, the former chair of the Council, will now be the advocacy and outreach coordinator and a member of the staff. He continues that the Council will be cohosting with Special Olympics of Alaska, Aging Population Summit. He adds that he has fliers and registration information if anyone is interested. He moves on and gives a quick update on the various committees and then moves to the budget.

A discussion ensues on the Senior Disability Services, reducing their waitlist draws from 250 this fiscal year.

MR. REINHART continues with an update on the Employment Transportation Committee, which is real active right now. He states that, in cooperation with the Centers for Human Development, there will be a certificate of employment services and discovery trainings going on this fall for providers. He continues that Erin Riley, the founder of Project SEARCH, will do a presentation to the Society for Human Resource Managers' conference not only about Project SEARCH, but also about the need and the effort to employ more beneficiaries with disabilities. Employment First implementation is still in the process of data gathering and the baseline data to get that together. He goes through the health committee updates and then moves to the education committee which is working on developing a parent handbook for transition; for young people with disabilities moving out of high school into the community. He states that September 9th is FASD Awareness Day and the FASD work group has been working on getting a proclamation from the Governor and others involved, as well as a lot of resources lined up for families that are interested. The early intervention committee has a new chair, Angie Fraize, and they are working on an inclusive child care program with the Office of Public Assistance. He goes into a bit more detail on this. He states that the autism work group is meeting on October 6th, and the Council meeting is the 7th and 8th. He continues that they have been working on the whole applied behavioral analysis stakeholder meeting issues and policies, which is an important aspect of getting Medicaid to recognize a Medicaid billable service. He then goes through some of the implications for Trust beneficiaries with DD. He continues on to some of the policy and

legislative recommendations that have been followed and will continue to be followed in this next session. He states that their critical efforts is to make Employment First actualize in the State, and then moves to the basics on the Achieving a Better Life Act that Congress passed to establish an opportunity to develop a tax-free plan to pay for disability-related services for a member of the family which allows for money to be contributed to that plan. He asks for any comments or questions.

TRUSTEE MICHAEL asks for more information on the event at Special Olympics, and asks if the focus is on people with developmental disabilities aging.

MR. REINHART replies that the premise is that the population group is living longer and experiencing different health issues that were unexpected.

TRUSTEE EASLEY comments that it is not just the developmentally disabled aging, but also the parents and caregivers who are fading out of the picture and leaving them.

MS. DANIELLO states that the Commission on Aging is participating in that summit and that will be a topic that will be talked about.

CHAIR WEBB thanks Mr. Reinhart and calls a break.

(Break.)

MS. BURKHART states that her presentation will explain how the information in the memo was decided. She continues that in the process of prioritizing services to invest the social capital it was to ensure that the right ones were picked. She adds that what was found was that the International Monetary Fund has a framework they use in deciding when to loan money to developing nations. Unfortunately, Alaska has the same characteristics as developing nations, especially the reliance on natural resources for the budget. She explains this process in greater detail, and then shares some information from Dr. Knapp in Fairbanks about revenues that do not keep pace with spending. She continues her presentation and explanation of the reductions. She states that the maximum benefit for everyone is by focusing on the basic needs of beneficiaries and, generally, Alaskans. She continues her presentation, explaining as she goes along. She states that it is important for trustees to have the ability in FY16 and FY17 to mitigate the harms where warranted. She continues that it is not the Trust's responsibility to fill in the holes that the Legislature creates, but thinks that if beneficiaries are starting to go without basic needs like food and shelter, that it is appropriate to intervene. She states the recommendation for the trustees to put aside some money for that eventuality, because the thought is that it will happen. She continues that it should be put aside so that it will be there when it is needed.

TRUSTEE EASLEY asks for a copy of the slides and presentation.

TRUSTEE NORENE states that the presentation was very well done.

MS. DANIELLO comments on the importance of housing and states that there will be \$3.4 million less for housing funds, and that money is used by Alaska Housing Finance Corporation as one of its tools to build affordable housing. The funding for Alaska from that home

investment partnership program will be dropping from \$3,514,856 to \$108,625 if that goes through.

A short discussion ensues on creating the contingency money.

CHAIR WEBB thanks Ms. Burkhart. He moves to public comment and states some of the public comment guidelines. He continues that specific Trust beneficiaries will have priority, and speakers are not permitted to criticize or attack, and comments should be done in a respectful manner.

PUBLIC COMMENT

CHAIR WEBB recognizes Robyn Priest. Robyn is not available. He recognizes Tawny Buck.

MS. BUCK states that the Alaska Brain Injury Network has had a very busy year. She explains that the office has moved to a new location in Midtown, a great location with a lot of walk-in traffic. There is staff and a facility to do trainings. She talks about the two new grant programs that are helping ABIN to operate and have helped to expand the reach to beneficiaries. She states that one of the things learned at ABIN is that beneficiaries with brain injury also have co-occurring conditions. The most common is mental health. She shares information about the fourth annual Brain Institute coming up November 4-6 at the Alyeska Resort.

CHAIR WEBB thanks Ms. Buck and recognizes Dallas-Lee Brower.

MR. BROWER states that he is an ABIN board member and has returned to the Inupiaq community, the Arctic Slope, which is the federally recognized tribal government as the director of the Tribal Vocational Rehabilitation Program. He thanks the Trust for the support of ABIN and especially the gap funds that have helped all statewide. In Barrow and the outlying villages, this support has provided training and information to each of the villages and schools, to behavioral health, to others throughout the community. He states that ABIN is expanding who they will be targeting and have created a Veterans' committee. He continues that there are 11 tribal vocational rehabilitation programs in the state and have a reach within the hub and outlying communities that they serve that other programs do not. He explains that they interface with every single entity, Native and nonNative employers, the school district, transportation, housing and any kind of health care. He states that ABIN should be meeting with the Consortium of Tribal Vocational Rehabilitation Programs so that the web on issues of both mental health issues and brain injuries can be expanded. He thanks the Trust for the support for Medicaid expansion and thanks all.

CHAIR WEBB thanks Mr. Brower and recognizes Faith Myers.

MS. MYERS states that she volunteers as a mental health advocate and wants to convince the Trust Authority Board to help improve the rights of Mental Health Trust beneficiaries by providing some level of participation in continuing support. She continues that the lack of individual rights for the disabled in Alaska often leads to depression and feelings of helplessness. She adds that every committee talks mainly about increasing obligations of bureaucrats and institutions. She states the better idea is to empower the disabled by giving the disabled the

individual rights to protect themselves. She continues that the document that was given outlines eight rights that need to be given to Mental Health Trust beneficiaries, and asks for the Trust to support by providing funding for improvements or direct support by providing staff to help implement the improvements suggested. Thank you.

TRUSTEE MICHAEL comments that she read her letter from a while back and stated that it is very good.

CHAIR WEBB recognizes the person on the phone and asks him to state his name and any organization that he is representing.

MR. BRIDGES states that he is Doug Bridges, the chair of the Alaska Mobility Coalition board and is here to provide testimony in support of the proposal put forward by the Governor's Council on Special Education and Disabilities for \$50,000 to support the AMC in FY17, and to seek any additional funding that might be available for this fiscal year. He continues that the grant funding would be used for organizational sustainability for the Alaska Mobility Coalition which has been in existence for over 17 years advocating, educating, promoting public and community transportation in the state of Alaska. He marks some of the recent accomplishments the organization had over the past years. He wants the Trust to know that great efforts to economize and to be effective in financial management have been made. He states that they have a great relevance to Alaska Mental Health Trust beneficiaries in the state and hopes for consideration in the efforts that have been made to make the organization viable and continue on. He adds appreciation for past support and hopes for support in the future. Thank you.

CHAIR WEBB asks for any questions.

TRUSTEE MICHAEL states that they are requesting \$50,000 for the AMC now for FY17, and states that is not in the '17 budget.

MR. BRIDGES states that this money would help in operations.

CHAIR WEBB recognizes Eliza Eller.

MS. ELLER states that she is from Ionia, from the Peninsula, and gives a report on what is happening down in Kenai. The new prevention coalition put on the Harvest Moon local food festival which was a celebration and promotion of local healthy foods. A special push was made to invite the staff and clients from all the health providers and especially the mental health providers to bring their folks out to our events. She states that in January, together with PCHS and the Dena'ina Wellness Center, there will be a wellness and peer support training. She adds that a small project application was put in to the Trust to help with that.

CHAIR WEBB states that Ms. Eller signed up twice.

MS. ELLER states that she is also on the board of CHOICES and Akeela. She continues that the ACT team is finally on the ground and got four first clients. She adds that the team seems really good. She explains that ACT has very strict training protocols, and we have to be true to that model. She states that peer support training is being added on top of the training that they have

to get for all the staff. They will be trained up in peer support principles whether they are peers or not. That is very important from the CHOICES perspective of giving people choice and empowerment to recover regardless of who they are, their background or whether they happen to be homeless at the time. She then explains their peer bridges program, which continues to be successful at getting people out of the hospital and keeping them from going back.

CHAIR WEBB thanks Ms. Eller and recognizes Naomi Nelson.

MS. NELSON states that she is the executive director of Mat-Su Community Transit or MASCOT, which is based in Wasilla. MASCOT is a provider of public transportation in the Valley. She takes the opportunity to voice support for the Alaska Mobility Coalition's direct funding request. She states that Mr. Bridges summarized their accomplishments, and from a provider perspective that serves Trust beneficiaries, one of the most important achievements of the Alaska Mobility Coalition has been their successful advocacy on the state and federal level for Alaska funding and support. The shining star is the State matching grant.

CHAIR WEBB thanks Ms. Nelson and asks if anyone else is on line.

MR. CHARD states that he is Tom Chard of the Alaska Behavioral Health Association. He states that the behavioral health providers have had pretty limited input into the behavioral health system assessment. He lets the trustees know that the draft report was recently made available to providers. They are looking at it and are working to put their comments together. There is a deadline of September 4th to get those comments back. He continues that input will be solicited and hopes to summarize that to add some value to that project.

CHAIR WEBB asks for anyone else.

MR. LEVY states that he is David Levy, the senior and emergency outreach coordinator for the Municipality of Anchorage. He takes the opportunity to thank Jeff Jessee for being one of the keynote speakers at the 25th anniversary of the Americans with Disability Act celebration in Anchorage last month. He states that the Anchorage Senior Citizens Advisory Commission, which is an advisory commission of the Municipality of Anchorage looking at the needs of seniors in and around Anchorage, will be cosponsoring with the Alaska Commission on Aging, public testimony and comments about the needs of seniors in the Girdwood area. There will be a meeting in Girdwood on Thursday, September 17th with public comment open from 1:00 to 2:30.

CHAIR WEBB asks for any questions. There being none, he adjourns for the day and states that they will be back tomorrow at 9:00 a.m.

(Full Board Meeting adjourned 5:10 p.m.)