

ALASKA MENTAL HEALTH TRUST AUTHORITY

BOARD OF TRUSTEES MEETING

September 7, 2016
8:15 a.m.

Taken at:

Alaska Mental Health Trust Authority
3745 Community Park Loop, Suite 120
Anchorage, Alaska

OFFICIAL MINUTES

Trustees present:

Russ Webb, Chair
Mary Jane Michael
Carlton Smith
Laraine Derr
Larry Norene
Paula Easley
Jerome Selby

Trust staff present:

Jeff Jessee
Steve Williams
Heidi Wailand
Carley Lawrence
Michael Baldwin
Miri Smith-Coolidge
Kevin Buckland
Katie Baldwin
Amanda Lofgren
Carrie Predeger
Valette Keller
Lucas Lind
Kat Roch

Trust Land Office:

John Morrison
Wyn Menefee
Karsten Eden
Sarah Morrison

Others Participating:

Kathy Craft; Patrick Reinhart; Kristin Vandagriff; Denise Daniello; Kate Burkhart; Sandra Heffern; Commissioner Valerie Davidson; Commissioner Dean Williams; Randall Burns; Miss Claire and Miss Shelby; Charlene Tautfest; Teresa Holt; Karen Perdue; Faith Myers; Dorance Collins.

PROCEEDINGS

CHAIR WEBB calls the board to order and does a roll call; all of the trustees are present. He moves to the agenda and asks for any changes or additions. Hearing none, he asks for a motion to approve the agenda.

TRUSTEE NORENE makes a motion to approve the agenda.

TRUSTEE SELBY seconds.

There being no objection, the motion is approved.

CHAIR WEBB moves to the minutes of May 2, May 4, and June 15, 2016, and asks for any changes or additions to those minutes.

TRUSTEE SELBY makes a motion to approve the minutes of May 2, 2016.

TRUSTEE DERR seconds.

There being no objection, the motion is approved.

TRUSTEE MICHAEL makes a motion to approve the minutes of May 4, 2016.

TRUSTEE SELBY seconds.

TRUSTEE SMITH notes that the second paragraph states that “Chair Webb convened the Full Board meeting and Trustee Smith is not able to be here,” but the minutes reflect that I was there.

CHAIR WEBB replies that was the occasion where Trustee Smith was absent for a little while because of a doctor’s appointment.

TRUSTEE SMITH notes that he was late.

CHAIR WEBB asks for any other comments about those minutes.

There being no objection, the motion is approved.

TRUSTEE MICHAEL makes a motion to approve the minutes of June 15, 2016.

TRUSTEE SELBY seconds.

There being no objection, the motion is approved.

CHAIR WEBB moves to the issue of ethics disclosures. There was a non sequitur during the Finance Committee on August 11 around ethics disclosures. He states that there was a conversation with Mr. Jessee following that meeting, and his recollection is that some material was going to be put together setting out a process to circulate that for this meeting.

MR. JESSEE replies that he tried to contact the ethics officer in the Department of Revenue to get some additional information. He states that the law is very clear on actual conflicts of interest and is vague when it comes to appearance issues. He continues that he is still gathering some external documents that will shed some light on that. He adds that for this meeting to just focus on disclosures that people feel are pertinent to the matters that are coming up in each action item, and then we will continue to work on coming up with a longitudinal answer.

CHAIR WEBB asks for any ethics disclosures.

MR. WILLIAMS states that there was a small project that was proposed by an organization called LAHAF in partnership with Bean's Café. He reminds all that he is a member of the board of directors, and is currently the chair, of the board for Bean's Café.

MR. JESSEE explains that in a situation like this, it is made sure that there is a clear separation so that the person that has an interest outside of the Trust is totally disassociated from any deliberations or processing of any of the applications that might have a bearing on their other activities. He states that, in this case, Mr. Williams had nothing to do with the small projects deliberations or review of the program team or otherwise.

CHAIR WEBB asks for any other ethics disclosures. He states, for the record, that he is married to Judge Stephanie Rhoades, who has been a District Court Judge in Anchorage for 25 years. She created and presides over the Mental Health Court in Anchorage and has absolutely nothing to do with any budget matters in the Court System whatsoever. He moves to the review of the guiding principles and states that they are in the packets and on the Web site for all to see, as are the bylaws. He moves on to the next item on the agenda, which is board elections. He notes that he received two written nominations, both from Trustee Easley, and begins with nominations for the chair of the board. He states that Trustee Easley has nominated Trustee Selby, who has agreed that he would be available to serve.

TRUSTEE EASLEY asks to read her letter into the record. She begins:

“You have requested officer nominations be presented in writing prior to the September 7-8 meetings. There are two new trustees who are exceptionally qualified to serve as chair and vice chair for the coming year. The chair nominee, Jerome Selby, has developed outstanding leadership credentials as the nine-term elected mayor of the Kodiak Island Borough and its 11 communities, and has served in leadership positions on a number of state and national boards of directors. He has agreed to serve and be readily accessible to staff and trustees, if elected.

The vice chair nominee, Mary Jane Michael, has decades of service as a nonprofit organization executive in the mental health field and as a local government department head with extensive community engagement and affordable housing experience. She currently serves as the Trust vice chair. These nominations are respectfully submitted for board consideration, Paula Easley." Thank you.

CHAIR WEBB thanks Trustee Easley, and asks for any other nominations.

TRUSTEE NORENE states that he would like to nominate Russ Webb for chair as a worthy nomination on the board. He continues that there is continuing business and business yet to be discussed in the meetings and he thinks that it will require an Anchorage-based chair for this coming year. He adds that Trustee Webb has done a great job, and it would be a tough choice, but he would support him on a continued basis.

CHAIR WEBB asks if there is a second for Trustee Selby's nomination.

TRUSTEE DERR seconds.

CHAIR WEBB asks if there is a second for Trustee Norene's nominee.

TRUSTEE MICHAEL seconds.

CHAIR WEBB asks for a vote.

TRUSTEE EASLEY comments that in the past there had been three out-of-Anchorage chairs: John Pugh, Dr. Doolittle in Fairbanks, and Mike Barton in Juneau, and they were able to maintain adequate communications with the staff and the board.

TRUSTEE DERR requests a paper ballot.

MR. JESSEE counts the ballot and states four votes for Russ Webb and three votes for Jerome Selby.

CHAIR WEBB asks Trustee Easley to formally make her nomination for vice chair.

TRUSTEE EASELY nominates Mary Jane Michael for vice chair.

TRUSTEE SELBY seconds.

There being no other nominations and no objections, Mary Jane Michael is the vice chair.

CHAIR WEBB asks for any nominations for the office of Secretary-Treasurer.

TRUSTEE DERR nominates Paula Easley.

TRUSTEE SELBY seconds.

CHAIR WEBB asks for any other nominations.

TRUSTEE MICHAEL nominates Larry Norene.

TRUSTEE SMITH seconds.

CHAIR WEBB asks for the paper ballots.

MR. JESSEE counts the ballots and states four votes for Larry Norene and three votes for Paula Easley.

CHAIR WEBB states that Trustee Norene will serve as Secretary-Treasurer and ends the board elections process. He moves to the mission.

MR. JESSEE states that the mission moment is delayed and is supposed to be at 8:45.

CHAIR WEBB asks if there are any items that Mr. Jessee would like to update the trustees about.

MR. JESSEE states that there has been some discussion around this issue of good time or credit for time served for people that are sent to API for competency evaluations and then subsequently sometimes for restorations. He continues that an e-mail was received this morning from Karen Forrest, and Health and Social Services has leapt into the breach here. He continues that Ms. Forrest seems optimistic that they are going to come up with a way of getting credit for that time served under the existing statutes without requiring a statutory amendment. It is not a done deal, but is looking more optimistic.

CHAIR WEBB states that is good to hear and asks Mr. Jessee to stay on top of this issue for the simple reason that one interpretation that has held for 25 years or more can be changed in a single moment. He continues that if there is a need to make a statutory change in order to assure that the beneficiaries do not spend more time in jail because they are beneficiaries, then that probably needs to be done.

MR. JESSEE states that he will stay on top of this. He continues that the trustees have the CEO report, and if there are any questions they can be entertained now. There being no questions, he suggests a break.

CHAIR WEBB calls a ten-minute recess.

(Break.)

CHAIR WEBB states that there are a couple of things to brief trustees on and give some guidance on something that will be encountered.

MR. JESSEE states that two public records requests have been received: one from the Mitkof Island Group; and one from Bob Weinstein in Ketchikan. Those will be given to you before you leave, and together are fairly board requests. He continues that the point of this notice is to let the trustees know that they will all need to search through their documents, e-mails, instant messaging, and texts for any items that are relevant once the public records requests are seen. Right now the hope is that nothing that was deleted might be relevant and he asks that nothing be deleted from this point forward until those requests are received. He adds that staff will be available for any help needed.

TRUSTEE CARLTON asks if there is an effective date involved.

MR. JESSEE replies that there is. The request came in on August 29 and September 1, and no one can be held responsible for something that was done before that. He states that anything that is Trust-related is a public record and should not be deleted in any event, and should always be retained as a public record. He adds that all should be very conservative about ever deleting anything that is Trust-related. He states that right now the trustees have a Trust e-mail address but what that does is when an e-mail comes in to you at that address it is forwarded to your private email. This is so the public does not have the private e-mail address, but they do have a way to contact you. He continues that they are looking into a way to create a separate e-mail address for each of the trustees that the Trust e-mail address would then feed into and could be used in correspondence with each other or external bodies; but it would put all of your public records related to the Trust in one e-mail account.

CHAIR WEBB states that the goal is to set up a firewall so that anything that is Trust business is kept separate from every other thing that is private.

MS. LAWRENCE clarifies the time frame for the request. It came in on August 29 and September 1. However, clarification on the date is going to be requested. She adds that the requests were very broad, and the AG suggested asking for clarification.

CHAIR WEBB asks Ms. Lofgren to introduce the guests.

MS. LOFGREN introduces Miss Claire and her grandmother, Shelby. She states that one of the biggest rewards in this job is to be able to do the systems work and then actually see how it affects beneficiaries in day-to-day life. She adds that Miss Claire is here to tell all how the mini grants she received really changed her life.

SHELBY thanks all for having them and introduces Claire. She states that Claire is eight years old and will be nine in November. She is a trauma survivor, was injured badly at three months by her biological parents, and has come a long way. She was told that Claire would not make it 24 hours, and then, after a week she was told that Claire would never walk or talk and would be blind and deaf. Claire is a miracle. She is blind and has a lot of issues. But she dances and helps share our message everywhere. She states that the mini-grant program has really helped to make that happen. She continues that there are not a lot of services in Anchorage or in Alaska for blind children, especially with cognitive problems. They started looking outside the community and then outside the state. She adds that services outside the state are expensive and

they are on a tight budget. She continues that this program allowed an opportunity to go to Portland and participate in Braille camp, not just once, but for the last three years. Part of the benefits for Braille camp is, obviously, learning Braille, but it was much more. Claire is the only blind child in her school and probably does not understand what blind is. At Braille camp, everyone is blind, including the instructors. The children learn how to live as a blind person; not as the attachment to a sighted person, which was huge, not only for Claire, but really for me the first year. She explains that it is a day camp and Claire would get dropped off in the morning, which was difficult that first year. This year Claire pushed her out of the door and knew what she was doing. Shelby states that she got to see who Claire could be if she let go. She got to see who Claire could be one day, which was very powerful. The mini-grant program has opened a whole new world not only for Claire, but also for me. She thanks the Trust for all the incredible work you do for the community and for families like ours and kids like Claire.

(Applause)

CHAIR WEBB states that both have left something profound. He asks about the mini-grant program in terms of how it functions; is it readily accessible; is it visible; how did you learn about it; and is the process difficult to engage in and get through.

SHELBY replies that it is not difficult to apply for and is pretty straightforward. She states that people are not aware that it exists or have preconceived notions that any type of grant is difficult to get. She thinks that the education is through the care coordinators reaching out and saying this is available; not just to recipients of waiver services, but also people that are on the waiting list.

TRUSTEE MICHAEL thanks Shelby and Claire, and states that it takes a lot of courage to do what you do. She continues that it is important to keep telling the story and share this incredible message. She adds to keep doing what you are doing, because it is so informative.

SHELBY asks Claire to tell them thank you like Elvis.

CLAIRE says "thank you very much."

CHAIR WEBB thanks them again, and welcomes Commissioner Davidson.

COMMISSIONER DAVIDSON states that there is a lot of change happening in the State in a variety of ways, and begins with the budget. Over the last two fiscal years the Department has been reduced by about \$200 million in General Fund, which has been quite an adjustment. She adds that one of the challenges is about 74 percent of the budget is actually formula-based and it is statutory formula, either federal or state, mostly federal. Over the last few weeks, a \$5.8 million reduction in grants was implemented, which was done as a consideration for Medicaid expansion. She spends some time talking about Medicaid expansion. The good news is that 20,000 Alaskans now have coverage and access to paid health-care services that they simply did not have before. She states that the next year budget cycle is going to be rough, and explains it in greater detail. She explains that one of the reasons they are working so aggressively on the tribal claim policy is because it is the biggest opportunity for immediate General Fund savings. Thanks to a national policy change, that was approved by CMS, more services, particularly

travel and referred services, are covered at 100 percent rather than 50 percent. She states that there will be some new legislators this session, and it is really important for us to be able to make sure that they understand the difference between mandatory Medicaid services and optional Medicaid services. The State of Alaska participates in those optional services because they make a lot of sense; having home- and community-based waiver services are important and are under the optional Medicaid services. She explains this more fully and states that there will be a lot of upfront working terms making sure that people understand optional versus mandatory services. She moves to the reform efforts that are happening in the Department through Senate Bill 74. There are 16 different initiative work groups that are undertaking this work. The Department of Health and Social Services is on point for 12 of them. Along with that, the behavioral health system is being redesigned and completely changed. She continues that a readiness assessment is happening on two fronts: the behavioral health staff, and the health providers. She adds that the assessment is going to be done in early October. In addition, the Division of Behavioral Health is going to work with the Trust, behavioral health staff, the tribal behavioral health director's committee and Behavioral Health Association to work on a workforce development plan moving forward, and all are ready to implement a plan. She states that the other thing that is happening is the development of an 1115 behavioral health Medicaid waiver, which can be administratively burdensome. She explains, that will allow certain requirements of the Social Security Act be waived to do things in a more innovative way. She continues that there are six different waiver development teams: policy; benefit design; cost; data; quality; and writing. The plan is to submit these to CMS beginning with a concept paper before spending a lot of time writing the actual proposal. She adds that they are also looking at developing relationships with the Administrative Services Organization to help manage the 1115 waiver process. There will be a couple of site visits in December to see what other states have done as their changes in their behavioral health programs are implemented. They will also be issuing requests for letters of interest that will be posted November through January to get a sense from folks that are interested in providing services. That would also allow narrowing the scope of the RFP. She goes through in detail all of the incredible work that is happening. She states that Agnew::Beck was awarded the contract for stakeholder engagement for implementation of the Medicaid redesign. There is a webinar on Thursday, September 8, that will be recorded and will be available for viewing on the Web site at the Healthy Alaska Plan link. She continues that there will be a key partners meeting on September 28, and we have a couple of RFPs out. She adds that help is needed in populating a couple of work groups for telemedicine, and also quality and cost effectiveness. For telemedicine, the tribal health system has been very fortunate through the Alaska Federal Health Care Access Network, and some of the federal partners in the state have really had access to telehealth services for some time now. The rest of the state has not had the access to telehealth services in a way that is needed. She continues that there are a host of telepsychiatry services, home- and community-based services available which are actually a part of the standard health-care plan. She adds that if any folks are interested in participating, the e-mail is Medicaid.redesign@alaska.gov. Anyone interested in receiving updates, please send an e-mail.

She moves on to the coordinated care demonstration project which is a piece of Senate Bill 74 and states an RFP has to be put out by December 31. She states that they were able to work with the Robert Wood Johnson Foundation, who provided the technical support. They contracted with the Pacific Health Policy Group to help provide technical assistance on the design of the

coordinated care demonstration project. She continues that a request for information will be released before sending out the RFP. The privatization studies, which were required as part of Senate Bill 74, have had the Pacific Consulting Group, the contractors for the API feasibility study, come to Alaska for their first meeting and have had a number of conversations and meetings with folks. She adds that another company, Carter Global Associates, is going to conduct the DJJ privatization study. The Pioneer Home study was amended as part of the Senate Bill 74 process and is not privatization of the whole home, but privatization of pharmacy services. She moves to the efforts in working with the Department of Corrections to make sure that there are folks enrolled in Medicaid moving forward. She states that it was suggested that DOC support an eligibility tech that will work only on DOC applications that will be 50 percent Federal/50 percent GF. She continues that there is a lot of heat from folks about people waiting for eligibility determination, and we will be spending more time educating the public and the Legislature about what happened through the budget process. She explains in greater detail. She states that she has asked the Office of Children's Services to interject the issue of child maltreatment and child welfare into every conversation. She explains this more fully. She states that they have been working with the tribal state collaborative working group to be able to develop a five-year strategic plan on how to do a better job of changing outcomes for Alaska Native and American Indian children who deal with OCS. She adds that one of the strategic plan components is recognizing that culture is critical to resiliency and a critical component of treatment. She thanks the Trust, "Quyana," for all the investment in this work.

CHAIR WEBB comments that expectations have been exceeded in trying to meet the level of your predecessor, and you have done a great job of informing us.

TRUSTEE SMITH states that the Netflix idea is terrific, and asks when that will be done.

COMMISSIONER DAVIDSON replies that the first show will come up tomorrow, but all of them will not be complete until maybe May.

TRUSTEE DERR states that the Trust put the \$1.5 million that the Legislature took out and asks if that will achieve what the Trust would like to achieve.

COMMISSIONER DAVIDSON replies that it is all about being able to do what was talked about in the beginning; making sure that everyone collectively and individually does their advocacy.

MR. JESSEE states that so far this is still a collaborative relationship.

TRUSTEE SELBY thanks Commissioner Davidson and asks a series of data questions.

A short discussion ensues.

COMMISSIONER DAVIDSON states that she recognizes the fact that she is the most easily replaced person in the Department and adds that the folks in the Department that do this day-to-day work do an incredible job.

CHAIR WEBB thanks Commissioner Davidson and calls a break until 10:15.

(Break.)

CHAIR WEBB recognizes Commissioner Williams.

COMMISSIONER WILLIAMS states that this is his first meeting with the trustees, and he has been on the job for eight months. He continues that the Trust has supported the Department in the past and asks for continued support in the future. He acknowledges some of the news that came out recently to underscore some of the challenges, and hopes for a continued partnership. He talks about two cases that underscore the challenge that the Department is facing which involves some very difficult issues, and then gives a few more examples. He states that he recently announced the closure of the Palmer Correctional facility, which is a great facility and did lots of fantastic work. He continues that he could not make it continue because of the budget cuts. He adds that he was able to reallocate those inmates to other facilities and was able to put more options back into facilities that were more vulnerable, including the Anchorage complex. He was able to put 20 officers back there to enhance the inadequate staffing. He states that he would like to see other alternatives developed to incarceration for offenders that are highly addicted. He adds that he is willing to realign the money. He states that he is here for a season and wants to do something different in terms of bending the curve on some of the people that are being lost as a result of addiction issues, and the alternatives can be developed as a team. He adds that he would like to spend the remainder of his presentation exploring, talking, and asking questions on how best to work together.

TRUSTEE EASLEY states that the trustees are 100 percent in support of alternatives to incarceration and have been supportive for a very long time.

COMMISSIONER WILLIAMS makes it clear that he is willing to make any difficult decision about where the Department is spending money.

A question-and-answer discussion ensues.

COMMISSIONER WILLIAMS states that he is looking forward to a follow-up conversation and thanks all.

CHAIR WEBB thanks the Commissioner and moves on to the committee reports, starting with the Planning Committee.

TRUSTEE MICHAEL states that there is a summary of the Planning Committee report on page 56, and we will not go over that. She continues that most of the trustees participated in the Planning meeting and turns it over to Mike Baldwin for an overview of the feedback from the FY18-19 stakeholder budget process.

MR. BALDWIN states that the FY18-19 budget planning process was changed, and we engaged in a heavy stakeholder process to get some ongoing input on the budget process. He continues that some surveys were done, and feedback received from participants and though the overall

process invited about 100 people to take part. He adds that, overall, the feedback was very positive. Those that participated in the two-day work session were generally more positive because there was a lot of hands-on discussion.

TRUSTEE MICHAEL asks for any questions about the survey. There being none, she recognizes Amanda Lofgren with an update on the assistive technology budget item, which is a follow-up on the request to put in an additional \$150,000.

MS. LOFGREN thanks Trustee Selby for creating the opportunity to have a dialogue and for bringing forward the staff's recommendation. She states that in looking at telehealth or technology, it is not just primary care to telepsychiatry that needs to be considered. It is much broader than that. She continues that there are a lot of opportunities in home- and community-based services where assistive technology, home modifications, remote monitoring, health technology can be looked at to really improve access to services, whether it be medical components or in the personal care that individuals receive. She goes through some examples. She states that it is the staff recommendation to not put \$150,000 into capital for the program, but to work more with the existing opportunities that we have. Once something specifically is identified, staff will bring that back to trustees through the housing and long-term services and supports focus area. She notes some examples. She states that it is staff recommendation, in partnership with the board, to bring it forward with an ask in the future.

TRUSTEE SELBY thanks Ms. Lofgren for digging in and taking a close look at this.

TRUSTEE MICHAEL asks for any other questions, and then asks Ms. Lofgren to talk about the conference.

MS. LOFGREN states that every year the National State Unit on Aging and Disability Services hosts an annual conference where there is an opportunity to hear about every aspect of home- and community-based services and the national trends, the directions from CMS, and what the states are doing as innovative projects. Alaska put together a presentation on all of the rate-basing work that has been worked on. She continues that it was a proud moment to really hear how innovative Alaska really is, and how much work has been done on reforming the home- and community-based system for the last several years.

MS. HEFFREN states that she went to a session on remote monitoring, and one of the people on the panel was basically selling his software product, which she describes as a pretty sophisticated model. One of the participants stated that the product that is being bought today is almost obsolete as soon as it is bought. She continues that Health and Human Services is usually on the tail end of technology, and we are having discussions about telehealth and telemedicine. She asks if there is a way to look at other industries that tend to be more ahead of the curve. She adds that her "aha" moment was that instead of purchasing technology, leasing it would be better.

TRUSTEE MICHAEL states that she also went and shares her experiences.

CHAIR WEBB thanks both for the update.

TRUSTEE SMITH thanks Ms. Lofgren for the mission moment, and states that it needs to be a regular part of the agenda.

TRUSTEE MICHAEL states that Heidi Wailand will give a brief update on the status of the comprehensive mental health program.

MS. WAILAND states that this team and partners are at a unique juncture in history where there is this opportunity to bring about change that brings positive changes to the system of care. This period of transformation presents opportunities for the comprehensive planning process that the trustees have prioritized and that is a statutory requirement for the Department and the Trust. She underscores that this opportunity right now is to plan for the comprehensive program in a different way and gives some examples. The system of care plan is being undertaken in a very big way. She states that the concept of undertaking developmental disability systems assessment is being explored, and then moves to the need to document the journey. She concludes her update and hopes to provide more regular updates during the Planning Committee meetings.

TRUSTEE SELBY asks what is being done in terms of looking outside of Alaska on best practices and high-quality programs taking place in other states. He asks if any states have been identified with having rock-star programs in terms of the overall comprehensive mental health program.

MS. WAILAND replies that she was fortunate to work with the Department of Health and Social Services last fall as part of the team that was working on the first deliverable which was an environmental scan. She goes through the project in greater detail on developing a specific kind of environmental scan with a concrete product that will help be a good resource for decision-making.

MS. LOFGREN states that South Dakota is a state to look to that is doing some cutting-edge best practices. Depending on the component, national best practices will be included and are currently being built on.

TRUSTEE MICHAEL asks for any other questions.

CHAIR WEBB asks about the concept of program mapping, which he takes to mean identifying how beneficiaries use or interact with the various components of the comprehensive program. He states that it seems to be an opportunity to define ways that the systems of care work and do not work, and help to envision the system of care that is wanted and would be more effective in providing holistic care.

MS. WAILAND replies that he is understanding the concept correctly, and adds that there is also the opportunity to draw the line on where to spend.

TRUSTEE MICHAEL asks Mr. Baldwin to wrap up.

MR. BALDWIN states that the next Planning Committee meeting is October 20, 2016, and thanks all for all the great work.

CHAIR WEBB thanks Trustee Michael and states that next on the agenda is a working lunch with a Resource Management Committee report and an executive session.

(Lunch break.)

CHAIR WEBB recognizes Trustee Norene and the Resource Management Committee report.

TRUSTEE NORENE states that there is a board approval item before us, which is the fiscal year '18 operating budget and requires Full Board approval.

CHAIR WEBB makes a motion that the Resource Management Committee recommends that the Alaska Mental Health Trust Authority Board of Trustees approve the Trust Land Office operating budget for fiscal year '18 in the amount of \$4,472,600.

TRUSTEE MICHAEL seconds.

There being no objection, the motion is approved.

TRUSTEE NORENE states that he seeks concurrence on a memo from the DNR Commissioner in regard to mandatory two-day furloughs for all full-time exempt, partially exempt employees, which includes the TLO. He continues that the plan is to meet with the Commissioner next Monday, and with Trust concurrence, would like to tell him that we do not plan to comply. He adds that, frankly, the Trust Land Office just does not have the time to take off.

CHAIR WEBB states that he understands that these kinds of board directives are intended to save General Fund Money.

TRUSTEE NORENE replies that is correct, and this is not General Fund money.

CHAIR WEBB asks Mr. Morrison if there are any General Fund moneys in the Trust Land Office.

MR. MORRISON replies no.

A short discussion ensues.

CHAIR WEBB states that the executive session is scheduled and the reason for it will be twofold: first, a discussion of the Icy Cape Properties; and a potential litigation for the timber sale.

TRUSTEE NORENE makes a motion from the Resource Management Committee to go into executive session.

TRUSTEE MICHAEL seconds.

There being no objection, the motion is approved.

(Executive session from 11:55 a.m. until 1:45 p.m.)

CHAIR WEBB moves on to approvals of the small projects FY17.

MR. WILLIAMS states that the small projects proposal is in the packet with the list of projects that are being recommended for approval. He asks for any questions on any of the specific projects. He states that there is a proposed motion on page 72 that would require trustees' approval.

TRUSTEE DERR makes a motion to approve the recommended FY17 small projects from the July application in the Amount of \$70,250.

TRUSTEE EASLEY seconds.

There being no objection, the motion is approved.

CHAIR WEBB states that next on the agenda is the Finance Committee report.

TRUSTEE SMITH states that there are two items for approval for this part of the agenda. He continues that first is a TLO operative item; second is the Mental Health Trust Administrative budget; and a third item relates to the Raven House with no action required.

TRUSTEE DERR states that the board actually approved the first motion this morning and it came from the Resource Committee. She adds that she does not think that needs to be done again.

MR. WILLIAMS replies that he does not think so. He states the need to take up the recommendation for the Trust Authority operating budget on page 76. He continues that it is a recommendation from the committee that the board approve.

CHAIR WEBB states that his matter was discussed at the August 11 meeting in much detail and, acting as the Finance Committee, all the trustees were in attendance and recommended moving this to the Full Board for approval.

TRUSTEE DERR makes a motion that the Finance Committee recommends the Full Board of Trustees approve the FY18 Trust Authority Mental Health Trust admin budget of \$3,899,200.

TRUSTEE NORENE seconds.

There being no objection, the motion is approved.

CHAIR WEBB recognizes Kevin Buckland.

MR. BUCKLAND states that he has a partial cash management report that reflects some updated figures and updated projections that are germane to the discussions tomorrow related to budget deliberations. There is a handout which has the FY16 payout calculation. He begins going through, explaining as he goes along.

TRUSTEE NORENE asks Mr. Buckland to talk about the performance at the Permanent Fund, and in reflection of the 4.25 percent payout.

MR. BUCKLAND states that there was a Permanent Fund work session last Friday, and he was present for part of it. He gives a short update on the work session.

A discussion ensues.

TRUSTEE NORENE asks about Meketa.

MR. BUCKLAND states that Meketa is well underway for the asset allocations study and recommendations. He continues that a formal presentation is expected at the next Finance Committee meeting.

TRUSTEE SMITH concludes his report.

MR. BURNS states that he has a question about the TLO's spendable income. He asks why it is different each year.

MR. BUCKLAND explains that the TLO's spendable income can be variable because it is based off of all their contracts that can change over time.

CHAIR WEBB explains with more examples. He moves into statutory adviser updates and recognizes Denise Daniello from the Commission on Aging.

MS. DANIELLO states that she will provide an overview of the enacted 2017 budget, and also talk about some potential impacts for senior Trust beneficiaries and other older Alaskans at risk. She continues that this is going to be a lot of data having to do with demographics and changes in health status indicators for older Alaskans and senior Trust beneficiaries. Senior participation rates in certain select programs that serve seniors looking at public assistance and home- and community-based long-term support services. She adds they also looked at changes in budget amounts for those programs. That information is intended to provide a backdrop in helping inform the advocacy strategies for this next session. She states that Alaska continues to be the state with the fastest growing senior population because of the highest proportion of baby boomers of any state. These are people born between 1946 and 1964 who moved to Alaska as young people during the 1970s oil construction era. Unlike former migrants, this group of young people stayed and are still around today. She adds that the senior population is both growing in numbers, and the population is growing older as baby boomers continue to age. She continues through her presentation, explaining and answering questions as she goes along. She mentions, in addition to SB 74 and SB 91, three other bills that the Commission advocated for that the

Governor signed this past summer. That included SB 124, which provided an extension to the Commission of eight years. She states that SB 72, which was the designated caregiver patient bill that requires hospitals to engage patients' designated caregiver into the plan of care process, and to provide meaningful training and aftercare, provided that person comes home; and HB 8, which was the power-of-attorney bill to strengthen and modernize the power of attorney laws. She moves on to commission news and mentions the new commission members, and concludes her report.

CHAIR WEBB asks for any questions. There being none, he recognizes Patrick Reinhart, executive director of the Governor's Council on Disabilities and Special Education.

MR. REINHART introduces Kristin Vandagriff, who is the new planner and has worked for the council for a couple of years. He states that Rich Sanders, the former planner, retired.

MS. VANDAGRIFF states that she has been with the Council for about three years and has been working in this field for about 11 years. She continues that she started out at Hope Community Services working in direct care for people with disabilities, moved to the Division of Senior and Disability Services, worked in the IDD unit, and then went to the Council. She adds that she comes to this work with a profound respect for everything the Trust does, and thanks them for all they do.

MR. REINHART states that he was a planner and research analyst and does not have a bunch of slides. He states that the Council has spent about eight months working on a five-year plan due to the Federal Government, and that was sent to the Administration on Community Living. He continues that planning is a lot of effort and energy, and this plan was about 80 pages long. He moves on and states that last week they had a visit from Senator Dan Sullivan and set up a presentation on the DD system and had some of the Council members come in and talk to him and tell him what the system was all about. He continues that the expectation is to follow up with the Senator on some issues related to employment as they come up with the Federal Government. He mentions that the Second Annual Alaska Disability Aging Coalition is happening October 13 and 14, and anyone is welcome. He asks for anyone to sign up if interested and adds that it is a coalition of a lot of different groups and will be fairly exciting. He asks Ms. Vandagriff to continue.

MS. VANDAGRIFF states that the DD Committee has been very busy and updates all on the waitlist number, which is at 535; the lowest number since its inception. She continues that partnering with the Center for Human Development continues to be an ongoing activity for this committee. She states that she is also staff to the Employment Transportation Committee and the business employment services team is an interagency collaboration between the Department of Health and Social Services and the waiver and workforce development. She explains this further. She states that Alaska Association of People Supporting Employment First, or AAPSE, continues to grow and is the main national organization for Employment First. She explains this and continues on to the Discovery and Certificate Employment Services Training activities, part of the capacity-building efforts and collaboration with the Center for Human Development at UAA. She states that she will have more data coming up in the next few months to really look at

how the teachers are starting to utilize the training that was received this past spring. She goes through this in greater detail. She continues with an update on the other activities.

MR. REINHART moves on and gives an update on the FASD work group and states that FASD Day is actually at the end of this week on Friday, and there are a lot of activities going on that Council is involved with. He moves on to the big issue which is the regulation change that was worked with the Department of Education and Early Development; when other health impairments are defined in relation to a student with a disability, they accepted the definition of FASD and who could actually do the diagnosis of FASD. He states that Dr. Brennan, who has been the long-time person running the autism clinics in the state, is retiring, which will leave a big void. He continues that the other big issue is the coverage of applied behavioral analysis through Medicaid, through the F-STAT, and that has been delayed a year.

MS. VANDAGRIFF continues that there will be a public booklet out on the plan. Essentially, after all the public testimony, community forums, input from the Council members and stakeholders, five goal areas were recognized: community inclusion supports and services; employment; early intervention; education; and health care. With Medicaid reform, expansion and redesign, that has a lot of activities for the Council under those areas. She highlights that within the five-year state planning process there are three important objective focus areas that the Feds through the Administration on Community Living want to have.

MR. REINHART gives a quick update on the Alaska Mobility Coalition Transit and states that the board of directors are in charge, which is very active. He goes through in greater detail and also talks about the volunteer program for nonemergency medical transportation.

MS. VANDAGRIFF moves on to an update on the ABLE Act and thanks the Trust for covering the fiscal note that was integral to the passage of this bill that was signed into law this past August. She states that it is moving along quickly with Department of Revenue. There was an initial implementation meeting, and we are working on developing a basic Web site with the goal being late 2016, early 2017 availability.

MR. REINHART moves to an update on the durable medical reuse effort, and we do have a group working on this. It involves a bit of pressure on the Department of Health and Social Services to get some regulations out. The Council has issued a letter to the Commissioner that we are waiting on to move forward. He explains this in more detail. He then moves to the impacts of the budget from this last year and states that the block grants were restored to the 2016 levels. He continues going through them. He finishes up and asks for any questions.

TRUSTEE EASLEY states that it was a lot of information and a good job was done.

CHAIR WEBB thanks them and calls a break.

(Break.)

CHAIR WEBB reconvenes the meeting and recognizes Kate Burkhart, the executive director of the Advisory Board on Alcoholism and Drug Abuse and the Alaska Mental Health Board.

MS. BURKHART states that with her today is Charlene Tautfest, the Chairperson of the Alaska Mental Board. This is her first Trust meeting. She begins with core services that are essential to their particular populations of Trust beneficiaries, the impact of budget changes and reductions, and then looks forward at policy and legislative advocacy. She states that about three years ago the boards started emphasizing the need for basic needs services for their constituents and Trust beneficiaries. She continues that they have been really focused on ensuring that resources for food, shelter, safety, health care, education and community inclusion were the priorities, and policymaking is not on that list. She goes through some of the programs that support Trust beneficiaries' basic needs. She moves on to budget impacts, shows the cumulative impact of budget reductions in the last five years, and explains the slides that go through these impacts. She states that she is trying to focus on preserving direct services and minimizing disruption to the services that Alaskans depend on. She points out that the general consensus has been that there will be a gradual shift from the General Fund behavioral health grants to Medicaid, and all plan for that. She reiterates that two-thirds of the behavioral health prevention funding is State funding, and that reflects policymakers' and legislators' continued emphasis on the importance of prevention, especially when it comes to substance abuse prevention and suicide prevention. The fact that line has not been more dramatically reduced reflects that commitment. She moves on to the Medicaid programs and talks about what is happening there. She states that the funding for the special needs housing and homeless assistance programs has been relatively consistent over the last five years, although some of the fund sources have changed. She continues that it is important to understand that flat funding is reduced funding, and we have flat funding for the emergency shelter programs and the special needs programs. She explains this more fully. She states that the juvenile justice programs facilities budget has decreased over the last five years, while the probation and delinquency prevention budget has gone up. That aligns with the utilization patterns nationally. She emphasizes that the investment in the probation and community services in the juvenile justice system is a huge factor in why the facilities are going underutilized. She adds that further reductions are going to have an impact on the facility utilization. She states that the Alaska State Troopers, which are often the only law enforcement available in rural communities, have also seen staffing and budget reductions. She adds that the numbers in the packet are wrong. She states that the lack of law enforcement in Talkeetna has been a problem for Trust beneficiaries. She moves on to education, and then continues on to policy considerations, explaining as she moves along. She states that the work continues and the goal is to have the recommendations done by November, and then the work to see those recommendations accepted and implemented will begin.

A short question-and-answer session ensues.

TRUSTEE EASLEY asks about paratransportation.

MS. BURKHART explains that paratransport is Anchor Rides, or in Juneau, it is Care-A-Van. It is the special taxi voucher programs for folks with disabilities for whom the bus is just not an option. They are specialty transportation programs that are accessible.

CHAIR WEB thanks Ms. Burkhart and calls a brief break before beginning the public comment period. He states that, in recognition of some of the previously scheduled responsibilities of

some of the trustees, the public comment period will be limited to one hour. He states that he will recess, take a break, and convene the meeting tomorrow morning and continue public comments today.

(Break.)

CHAIR WEBB states that there are three people here in Anchorage who wish to comment, and seven people online.

REPRESENTATIVE WILSON states that she is Tammie Wilson and wants to comment about why the Trust is not involved in helping OCS parents. She adds that she is a state representative for North Pole.

CHAIR WEBB asks for anyone else online. There being no one, he goes through the public comment process. He recognizes Faith Myers and Dorrance Collins.

MS. MYERS states that she volunteers as a mental health patient advocate. She continues that at least six laws were written to allow the State of Alaska to delegate its obligations of setting a reasonable standard of care for Trust beneficiaries. She states that there is a legal obligation for the State of Alaska and a moral obligation for advocacy organizations like the Mental Health Trust Authority to help set specific standards of care that will protect the severely disabled. Psychiatric patients need a new comprehensive grievance procedure, appeal process, due process law, improved transportation contracts for the disabled, state rule calling for the recognizing and treating of sanctuary trauma or harm, basic rights for when a psychiatric patient locked in a facility can go outdoors or exercise. Also, allowing for gender choice of staff for intimate care for psychiatric patients. She asks the Mental Health Trust Authority to set up a committee meeting and get involved in determining what basic rights the severely mentally ill Trust beneficiaries need to be safe and recover. Thank you.

CHAIR WEBB thanks Ms. Myers also for providing written testimony as well as the backup documentation. He states that next is Karen Perdue from Fairbanks.

MS. PERDUE thanks all for allowing her to address the Trust and gives an update on some of the issues that are going on in Fairbanks regarding mental health services. She states that she is on the Fairbanks Hospital Board and we are transitioning from management by a professional company called Banner to independent management, and we are very focused on that. She continues that in the end, the hospital will be more of a health system because the foundation which was created after the flood in Fairbanks owns the facility. She adds that some things are going well and some of the things are not, and goes through them in more detail. She thanks the Trust for the continued, persistent service to Fairbanks.

CHAIR WEBB thanks Ms. Perdue, and recognizes Representative Wilson.

REPRESENTATIVE WILSON states that she has been working with OCS parents and children for the last two years trying to work the system, and shares some of the findings and why she decided to testify. She continues that in almost all the cases that have been reviewed, almost all

of them must have psychological evaluations, and the State must follow the recommendations. Her concern is that it is not professionals that are deciding whether or not the parents have followed along enough to where they are able to get their children back, but it is the case workers who are not trained in the same fashion as the professionals. Mostly, the cases are drugs or alcohol abuse and is the primary reason for removal of the children. She states that her reason for calling in is why is the Trust not stepping in to help these clients. They have no advocates and are some of the neediest people in the state trying to get through a system that is just insane to try to figure out how to do it in a moment in crisis. She continues that she wanted to bring attention to this and will be mailing a packet with all the information to show just how many are clients of the Trust. Thank you.

CHAIR WEBB thanks Representative Wilson, and recognizes Teresa Holt.

MS. HOLT states that she is the long-term care ombudsman for the State with a staff of six and service all the individuals who live in long-term care, which is nursing homes and assisted living. She continues that since she started two years ago, they have been working pretty hard to go to their roots and clarify what the mission is. Under the Older Americans Act, their job is to go visit with seniors who live in long-term care, see if they have any issues or needs and resolve those. Since there are only six staff members and they visit 250 assisted living homes and 18 nursing homes in 30 communities, only five of which are on the road system. Staff spends a lot of time traveling. She adds that one of the things they do is unannounced facility visits and may show up in the evening, on Saturday, in the morning or in the afternoon. She states that the Federal Government has implemented new regulations governing the program and we are going to have a federal review. One of the things that will come about is making some statute changes regarding the difference of our role and APS's.

CHAIR WEBB asks for any questions, and thanks Ms. Holt. He asks for anyone else present or online who would like to testify. With no additional commenters, he closes the public comment session for the evening and will reconvene tomorrow at 8:30. Thank you.

(Alaska Mental Health Trust Authority Full Board meeting adjourned at 4:45 p.m.)