

ALASKA MENTAL HEALTH TRUST AUTHORITY

FULL BOARD MEETING

November 18, 2015

9:00 a.m.

Taken at:

Alaska Mental Health Trust Authority  
3745 Community Park Loop, Suite 200  
Anchorage, Alaska 99508

**OFFICIAL MINUTES**

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Trustees present:

Russ Webb, Chair  
Mary Jane Michael  
Paula Easley  
Larry Norene  
Laraine Derr  
Carlton Smith

Trust staff present:

Steve Williams  
Jeff Jessee  
Miri Smith-Coolidge  
Kevin Buckland  
Carrie Predeger  
Carley Lawrence  
Amanda Lofgren  
Mike Baldwin  
Katie Baldwin-Johnson  
Luke Lind  
Vallette Keller

Trust Land Staff Present:

John Morrison

Others participating:

Kathy Craft; Donna Mong; Monique Martin; Patrick Reinhart; Nancy Burke; Chris Cook; Denise Daniello; Kate Burkhart (via Speakerphone); Diane Casto (via Speakerphone); Lori Grasgreen (via Speakerphone).

## PROCEEDINGS

CHAIR WEBB calls the meeting to order and calls the roll. He asks for a motion to approve the agenda.

TRUSTEE MICHAEL makes a motion to approve the agenda.

TRUSTEE NORENE seconds.

*There being no objection, the motion is approved.*

CHAIR WEBB moves on to the minutes of the August 6, August 26-27, and October 21, 2015 minutes. He asks for any corrections.

TRUSTEE DERR points out that on the August 6 meeting she was present. She asks that be corrected. She notes that on page 46, she was in attendance.

CHAIR WEBB states that there is another correction around page 47, 48 that he was quoted as both making a motion and seconding it. He believes that it was seconded by Trustee Michael. He notes the corrections and asks for any other changes or corrections to any of the minutes of the meetings.

TRUSTEE DERR makes a motion to approve the August 6, 2015 minutes.

TRUSTEE SMITH seconds.

*There being no objection, the motion is approved.*

TRUSTEE EASLEY makes a motion to approve the August 26-27, 2015 minutes.

TRUSTEE DERR seconds.

*There being no objection, the motion is approved.*

TRUSTEE EASLEY makes a motion to approve the minutes of October 21, 2015.

TRUSTEE DERR seconds.

*There being no objection, the motion is approved.*

CHAIR WEBB asks for any ethics disclosures. He discloses that one of the first speakers is his wife. With no further ethics disclosures, he dispenses with the review of the Guiding Principles which are in the packet and available on the Trust's Web site. He adds that the bylaws are also available in the packet and on the Web site. He moves on, stating that he was informed about an extraordinary event that occurred in the Mental Health Court several weeks ago. It reminded him of how important all the work that the Trust and all of the partners do. He states that he

invited Kurt Youngblood and Judge Stephanie Rhoades to make a presentation today. He asks Judge Rhoades to introduce Mr. Youngblood.

JUDGE RHOADES states that in 1998 the Trust funded a pilot project mental health court in the Anchorage District Court as one of the coordinated resources projects. She continues that she has had the privilege of presiding over that court since then, which is a good example of the Trust's catalytic strategy to build a comprehensive integrated mental health plan for its beneficiaries. She adds that the court does need the Trust's continuing advocacy for a comprehensive integrated plan to assure that this diversion court has the community resources needed to actually divert participants into it in order for the project to continue its outcomes, which are reduced jail and hospital stays for the beneficiaries in accordance with public safety and better quality of life. She states that Kurt Youngblood graduated from Bartlett High School in 2009 and went on to attend the University of Manitoba and then transferred to Columbus State University, Schwob School of Music in Columbus, Georgia. He began experiencing symptoms of mental health disorder in 2013 and eventually withdrew from CSU, returning to Anchorage. He began counseling at Providence Behavioral Health and was recommended prescribed medications, which he declined. He returned to CSU and earned a bachelor's degree, performing a senior recital. He then began a master's program but withdrew and returned to Anchorage in February. He was living with his parents, became violent at home with a weapon involved and was charged with a felony. He was admitted to API and received court-ordered medication. She continues that he was released from API and entered the court in August where he earned a dismissal of charges for successfully following his case plan, which he continues today. She states that he now plays at Brother Francis, Bean's Cafe, elderly housing, and hopes that his brief recital will inspire the Trust's hard work in the same way it inspires her.

MR. YOUNGBLOOD states that he will play the prelude from Bach's Third Suite in G Major.

(Beautiful music played by Mr. Youngblood.)

JUDGE RHOADES thanks the Trustees for their time, and states that she stuck to her 15 minutes.

CHAIR WEBB asks if Mr. Youngblood would like to make a statement.

MR. YOUNGBLOOD states that he had a great experience in the Mental Health Court, and thanks all for letting him play. He adds that he wanted to play for the Trust.

(Applause.)

CHAIR WEBB states that the music was extraordinary, adding that the talent and courage of that young man is unbelievable. He moves on and recognizes Jeff Jessee.

## **CEO UPDATE**

MR. JESSEE begins with the rural outreach trip which just concluded two weeks ago. He asks Carley Lawrence for a quick overview.

MS. LAWRENCE states that approximately 32 people went to Nome, the hub community, from the 2<sup>nd</sup> through the 5<sup>th</sup>. She continues that there were groups that also went to Gambell, Stebbins and Unalakleet. There were various community conversations with providers and community members focused on how to build a community that is safe and healthy and also focused on the intersection between behavioral health and the Corrections system. The conversations were facilitated and hosted by First Alaskans Institute, which was a different approach from what was done in the past. She asks Trustees Michael and Derr to talk about their experiences.

TRUSTEE MICHAEL states that she got to visit Unalakleet, which was a very impressive, thriving fishing community of about 750 people. She continues that they are very engaged in how their city is doing in terms of responding to the changing environment. The city is on the coastline and has had six storms in the past nine years that have flooded the city. They had federal help in building a rock wall along the beach and have built paved road up about three feet off the ground and are using them as water breaks. She adds that they are also, over time, moving the housing up on the hill. She states that they have a 100 percent graduation rate and have generationally inspired their youth to go to college. In terms of beneficiaries, the challenge is the isolation of the community and having to go to Nome for medical treatment. She continues that there is a need for housing and are trying to build a ten-bed assisted living home for seniors with Alzheimer's. They would like to see their elders stay in the community. The Native tribe has provided the land for free and are actively involved in the design. She adds that there is no funding to construct it at this time. She states that it was a wonderful trip and was happy that the First Alaskans staff were instrumental in the visitations. She continues that since they are Alaska Native, they helped to engage with people more quickly with their sensitivity to the culture. She states that it is an incredible lifestyle and a wonderful trip.

TRUSTEE DERR states that she went out to Gambell with five others, and it is sort of the antithesis of Unalakleet. She continues that as trustees we have been told that dry villages work. Gambell is a dry village and their biggest problem is alcohol. Several people mentioned that home brew is made at home. In the school the teachers talked about the problems in the village. They said the biggest problem is the fact that kids come to school and fall asleep because they do not sleep at home. The teachers have talked to parents and are told that the child is asleep by 1:00 or 2:00, and that 9:00 or 9:30 is not possible. She states that the village was not part of the ANCSA land settlement, and there is no tribal support out there. The school is the center of everything. She continues, when meeting with the people they would like to have funds to start an AA group. That was their biggest need. She adds that she gained a new perspective on the meaning of a dry village. She continues that there is a bigger concern from the village to help itself get over the alcohol problem. She states that the meeting in Nome was good and really appreciated going out to the village.

TRUSTEE EASLEY asks how many legislators and staff went.

MS. LAWRENCE replies that no legislators attended because the special session was called. She states that two staffers attended, and Jared from the Governor's office.

MR. JESSEE moves on and asks Ms. Lawrence for a quick update on the annual report.

MS. LAWRENCE states that the annual report is in the process of having the concept and the content finalized. She continues that she has a draft letter for Chair Webb to review now and is working on the other pieces with the program officers.

MS. JESSEE asks Amanda Lofgren to talk about the housing summit.

MS. LOFGREN states that the Governor's office has a staff liaison, Elizabeth Schutz, for community affairs which has connected to nonprofits and religious organizations. In her interviewing different community partners throughout the state, the theme she kept hearing about was services and housing, and so they started focusing on housing. There is also a huge need to hold stakeholders together from a statewide perspective similar to what is happening in Anchorage. She continues that the Governor announced that he will be hosting a summit on January 6, 2015 that will include the following focus areas: housing in rural Alaska; land use and density; supportive housing; incentivizing private-sector housing investments; promoting independence for older Alaskans; innovative funding and financial options for investments; reducing recidivism through housing. She adds that this will be kind of a large conversation with stakeholders across the state to come up with an action plan through the Governor's office to address housing statewide. She states that she is on the planning committee and working with that group.

TRUSTEE SMITH asks where that will be located.

MS. LOFGREN replies that it will be held in Anchorage at the new Alaska Airlines Center at UAA.

TRUSTEE SMITH asks if he could attend.

MS. LOFGREN replies that she will send all the information and get him an invitation.

MR. JESSEE asks if anyone else is interested. We will send it to everyone. He states that Kathy Craft will talk about her efforts around the Department of Labor.

MS. CRAFT states that the Department of Labor got three federal grants which focus on behavioral health and healthcare workforce. She continues that she negotiated an MOA for the Commissioner's office to pay for 15 percent of her time to work on navigating the health field and developing a health academy. She adds that there will be a meeting on November 30 to discuss alignment of what the Department of Labor plans to do with the health workforce dollars and to make sure that whatever is set up is sustainable over time. She states that information from the health workforce profile is starting to come in and that all the analytical data needed can be gotten for every standard occupational code with all the essential information.

CHAIR WEBB asks if there was a way of getting things together without replication.

MS. CRAFT replies that the problem is that there is some duplication between AVTEC and what AHEC is already doing. She explains that everyone is getting together at the meeting and having a high-level discussion.

TRUSTEE EASLEY asks about the state paying for mental health first-aid training.

MS. CRAFT replies that there are some new federal dollars available, and the Alaska Training Cooperative is asking for help to write a grant for more mental health first aid in the state for youth. She adds that information was received that the percentage of suicide or suicidal thoughts with Alaskan youth has grown.

TRUSTEE EASLEY states that there is legislative support for that.

MR. JESSEE moves on to Medicaid reformation, the 1915(i) and (k) waivers, and states that Ms. Lofgren will give a quick update.

MS. LOFGREN begins that on the state options, the contract kicked off the week of October 26 and there are nine statewide forums and community meetings engaging with multiple providers in each of the communities to understand this system so services packages for which populations can start being identified. She adds that there are 11 tasks that the contractors will be doing between now and July 1. She states that the Implementation Design Council is made up of 11 beneficiaries from the state, and they are the only voting members on the committee that helped design the new 1959 (k) state plan. She continues that the contract is also doing a review of regulations, review of current state operations, to identify internal capacity at both Senior and Disability Services and DBH to implement this. She adds the eligibility and target populations, environmental scan of functional assessments, the service package, a quality assurance and implementation plan, and a provider manual as well as a cost impact analysis. She states that those are the key components where work is beginning.

MR. JESSEE asks for any questions. There being none, he moves on, stating that another development in this behavioral health area is the certified behavioral health center. He states that Ms. Baldwin-Johnson will give a quick update.

MS. BALDWIN-JOHNSON states that the Division of Behavioral Health was supported by writing a competitive proposal to SAMHSA and CMS for the certified community behavioral health centers. That grant was awarded. She continues that the first part of that is a planning grant in the amount of \$770,000 which will allow DBH to continue efforts on integration with behavioral health and physical health and move forward with selecting two communities to put out an RFP inviting community behavioral health centers to apply. She adds that this is exciting because it is an opportunity to try out some different models and have a payment mechanism in place to do that effectively.

MR. JESSEE states that one of the important things that staff does is gather all the MHTAAR status reports and prepare them to see if the money that is being spent is accomplishing anything. He asks Ms. Predeger to talk briefly about that process.

MS. PREDEGER states that the MHTAAR status reports were due from the entities receiving MHTAAR funding on October 15. There were 45 projects to review, currently in the reviewing process in preparation for the roll-up and performance overview that will be presented in January.

MR. JESSEE states that the other thing is applying the results-based accountability, the RDA standards and process to the grants that the Trust gives out. He asks Mr. Baldwin for a brief update.

MR. BALDWIN states that staff has been working on the approach and on the information and the beneficiary employment focus area around the RBA. He continues that, more recently, work has started on the retooling of the workforce area to address the Medicaid and expansion and redesign efforts, as well as criminal justice reform. That is an ongoing process. He adds that the general overview will be started and then an update of the rest of the focus areas.

MR. JESSEE asks for any questions. There being none, he asks Mr. Lind for an update on small projects.

MR. LIND states that 15 applications totaling \$135,000 came through on November 1. He continues that the proposal evaluation committee will be held around the 14<sup>th</sup> of December. He adds that there were three from Wasilla; three from Anchorage; three from Fairbanks; one from Kenai; one from Homer; one from Haines; one from Hoonah; and one from Ketchikan. He states that they will be brought before the January board.

TRUSTEE MICHAEL asks if there is a way to review that and discuss them prior to the board meeting.

MR. BALDWIN states that the Planning Committee is going to meet monthly.

MR. JESSEE states that the small-project process will be synced up so it works with the committee meeting process.

A discussion ensues.

MR. JESSEE states that he had a conversation with Ms. Craft about the Division of Behavioral Health putting a tremendous amount of effort into another three-year RFP, which is a very time-intensive and disruptive process for the grantees, as well as the staff.

TRUSTEE EASLEY asks what a three-year RFP is.

MR. JESSEE explains that the way the State hands out grants to community mental health centers is by requesting a proposal. He states that the process of redoing these grants is huge.

He continues that he talked to the deputy commissioner and thinks that there is a chance that this may be a continuation grant which will help a lot of people focus on some of this other stuff. He thanks Ms. Craft for thinking about this on a larger level because it could really make a big difference. He moves on that there was an administrative review of the Department of Corrections, which was not good news. He states that Commissioner Taylor has resigned and Walt Monegan has taken over as interim commissioner. He continues that there are copies of the administrative report if anyone is interested. It has a lot of implications for the beneficiaries and may be worth some discussion.

A short discussion ensues.

MR. JESSEE states that there have been a number of presentations and discussions of the behavioral health systems assessment and the importance of that work, especially its implications for the future in terms of potentially seeing a way for a comprehensive integrated mental health plan to actually become a useful document. He continues that the scorecard is the one piece that has continued to be used and is helpful. He adds that with this assessment there are possibilities within that arena. He states that there have been discussions over the last several years about whether the Trust needed in-house analytical data capacity to be able to do that work on an ongoing basis. He continues that a preliminary draft job description has been put together for a position that is now called data analysis and planning officer. He adds that it would be about a \$150,000 position that would need to be added to the admin budget for '17.

A discussion ensues.

CHAIR WEBB asks if there is a motion to be made.

TRUSTEE MICHAEL makes a motion that the Full Board's previous FY17 budget recommendation for MHT admin funds for the Trust Authority be increased by \$150,000 from \$3,612,000 to \$3,762,000, and also recommend an additional PCN be established within the Trust Authority for FY17.

TRUSTEE NORENE seconds.

TRUSTEE DERR makes a motion to table this until after the advisory groups are heard from.

TRUSTEE SMITH seconds.

*There being no objection, the motion is approved.*

CHAIR WEBB moves on to the Planning Committee.

## **PLANNING COMMITTEE REPORT**

TRUSTEE MICHAEL asks Nancy Burke to give an update on the mayor's announcement yesterday and to discuss the 60-day plan.



MS. BURKE begins with the previous day's press event around the mayor's action agenda and explains the process of putting the homeless services plans that cover Anchorage together and how it came about. She talks about looking at the continuum of services which is working with a community as a larger system that needs all of the components that the housing project needs, explaining all in more detail. She states the need for services that work well in the community, and also the need for meaningful community integration. She continues that the vouchers no longer have a homeless priority. There is a need to look at where some of the resources are that can be pointed towards housing the homeless.

TRUSTEE NORENE states that he is glad that the homeless and the shelter are stressed in the presentation.

TRUSTEE SMITH asks about the trend of migration into Anchorage from the smaller communities because of the impact the state deficit will have on those communities and if that has been looked at in the three-year plan.

MS. BURKE replies no, there is no good handle on that. She states that the rural connection is a very important one.

TRUSTEE NORENE asks if there is any new need or resource available for better demographics for all populations.

TRUSTEE MICHAEL states that Anchorage Economic Development Corporation took the responsibility to do the demographics for the City, which is on the Web site.

MR. BALDWIN states that the Department of Labor is another good source as they annually can update the census and the in- and out-migration.

The discussion continues.

MS. BURKE talks about initiating a conversation with the Department around looking at Medicaid's use in the Downtown areas and will be starting some more intensive outreach there.

TRUSTEE SMITH asks Mr. Jessee how the Trust can maintain visibility in this expertise role that is on loan to the Muni.

MR. JESSEE replies that all are aware that Ms. Burke is from the Trust, and the challenge has been the ability to firmly identify her with the Muni at this point. He states that the Trust's visibility or involvement has not been diminished.

TRUSTEE MICHAEL comments on the incredible progress that has been made in two months, and adds that it will have statewide impact with a good precedence set for Housing First. She moves on in the Planning Committee report, stating that there was a briefing from Agnew::Beck on the Medicaid expansion and redesign, and that Jared Kosin, from the Office of Rate Review, also participated. She continues that the Trust funded \$150,000 for the

Alzheimer's organization to initiate the conflict-free case management; the request was for \$200,000.

MS. LOFGREN states that they will be reimbursed at the current rate.

TRUSTEE MICHAEL adds that they will be coming back for some additional money to offset those costs because there was a timing issue. She concludes her report.

CHAIR WEBB states that next on the agenda is the Executive Committee report.

TRUSTEE DERR asks for a break.

CHAIR WEBB calls a five-minute break.

(Break.)

### **EXECUTIVE COMMITTEE REPORT**

CHAIR WEBB states that all the Trustees were in attendance. He continues that Medicaid expansion redesign was talked about which led into a discussion of developing a strategy for engaging with the legislators and providing them useful information in preparation for the legislative session. He adds that the trustee nomination process was discussed, housekeeping on the January board meeting, staffing issues, set up a time to talk through some of the ambitious plans to engage, and had a couple of personnel items.

TRUSTEE DERR states that in October the audit is reviewed and prepared before the 31<sup>st</sup> of October. She continues that she did not see the audit on the agenda, and asks Mr. Buckland about that.

MR. BUCKLAND replies that the audit has not yet been released. He states that a meeting for the committee to review that audit needs to be scheduled. He explains that the nature of the delay is twofold: the implementation virus caused some delay; and the other item is GASB 68, which is related to net pension liabilities, which he explains in detail. He states that a clean opinion is expected with the hope to schedule an Executive Committee meeting sometime in December.

A short discussion on date availability ensues.

CHAIR WEBB states the next item is the Resource Management Committee.

### **RESOURCE MANAGEMENT COMMITTEE REPORT**

TRUSTEE NORENE states that there are several items to be brought forward. The first two items are consultations: one for Nikiski dealing with fire mitigation; and second is a mineral lease at Ophir. He asks Mr. Morrison if there is anything to add to the information with the fire mitigation.

MR. MORRISON states that the proposal is as it stands.

TRUSTEE NORENE makes a motion that the Resource Management Committee recommends that the Trust Authority Board of Trustees concur with the disposal of timber through negotiated sales on Trust land near Nikiski.

*There being no objection, the motion is approved.*

TRUSTEE NORENE states that next is the mineral lease at Ophir and asks for any updates.

MR. MORRISON replies not in relation to the motion.

TRUSTEE NORENE makes a motion that the Resource Management Committee recommends that the Trust Authority Board of Trustees concur with the decision to competitively lease land at Ophir for mineral explorations.

*There being no objection, the motion is approved.*

TRUSTEE NORENE states that the assets on the Cushman Street building is in the packet, and asks Mr. Morrison if there is anything to add.

MR. MORRISON replies that the Assets building, due to Trust and TLO regulations, is going through a separate path, and there is nothing to be done at this time.

TRUSTEE NORENE asks about the Cushman Street building.

MR. MORRISON replies that the Cushman Street building was adopted in a short meeting on October 21, 2015, and has an update in that regard. He states that it was learned that substantial headway has been made with the bankruptcy trustee, and Trust involvement might not be necessary at this point.

TRUSTEE NORENE asks if there are any additional updates.

MR. MORRISON replies that Dr. Karsten Eden, minerals and section chief, had an opportunity at the Alaska Mining Association convention on November 4 to give a presentation that was well attended and generated quite a bit of interest in Trustee assets, especially the Ophir block. Based on feedback, there is going to be some considerable interest in the property.

TRUSTEE NORENE asks for any questions. There being none, he concludes the Resource Management Committee report.

CHAIR WEBB thanks all, and moves to the Finance Committee report.

## FINANCE COMMITTEE REPORT

TRUSTEE SMITH states that Mr. Buckland is handing out the basics involved in the attachment with the update and asks him to continue.

MR. BUCKLAND goes through the packet and the budget reserves, explaining as he goes along. He asks for any questions.

TRUSTEE DERR asks how the budget versus expenses is tracked. Is it by the month or by the Trust meetings.

MR. BUCKLAND replies that the reporting has not been built out yet and is related to the IRIS conversion, the \$90 million systems replacement that the State of Alaska has been going through. He states that the reporting system is called ALDER, and the State does not have a consultant on board. The hope is to have that reporting ability built out soon. He continues that some reports can be run, but it is very cumbersome and not conducive to roll-up reporting.

TRUSTEE SMITH states that the Finance Committee has advanced six items to the Full Board.

TRUSTEE SMITH makes a motion that the Full Board approve the Finance Committee's recommendation to suspend transfers of cash principal from the Trust Authority Development Account in the Alaska Permanent Fund Corporation through November 2016.

MR. BUCKLAND states that the cash that is available is currently at approximately \$17 million and, with the passage of this motion, will continue to suspend those transfers for another year.

*There being no objection, the motion is approved.*

TRUSTEE SMITH states that the second item is Program-Related Investments maintenance authorization.

TRUSTEE SMITH makes a motion that the Full Board approve the Finance Committee's recommendation for an appropriation for \$195,000 for program-related facility maintenance and operations. The CFO may transfer up to this amount from the IRIS fund 1092 or 3322 in one or more transfers to the Trust Land Office and/or third-party property manager at the request of the TLO. These funds do not lapse.

*There being no objection, the motion is approved.*

TRUSTEE SMITH moves to the third item, which is a proposal for a culturally responsible embedded social and emotional learning project for the Alaska Association of School Boards.

TRUSTEE SMITH makes a motion that the Full Board approve the Finance Committee's recommendation for a \$100,000 FY16 partnership grant to the Association of Alaska School Boards for the culturally responsive embedded social and emotional learning

project, contingent on an award of U.S. Department of Education Innovation Fund 13 program funds.

TRUSTEE NORENE makes a motion to table the motion and take it up later.

TRUSTEE SMITH asks Trustee Norene to share what further study would accomplish.

TRUSTEE NORENE states his concerns that this is an educational thing rather than related to mental health.

MS. BALDWIN-JOHNSON explains that this would strengthen the prevention and incorporate more of the social/emotional learning into the schools and into the folks that are working with the youth in these rural communities. She states that it would expand the capacity to be able to prevent some of these youth from becoming beneficiaries because of many of the experiences and situations that they are exposed to. She continues that it is a worthy and good project to support.

TRUSTEE EASLEY states that if this money was going to Anchorage, she would oppose it. She continues that the fact that it is going to rural Alaska where alcohol is a very serious problem, the presenter made a strong case for the prevention aspect of it.

The discussion continues.

CHAIR WEBB states that this project is teaching school district staff, teachers, and others how to deal with kids who have suffered trauma. It is helping them understand how to deal effectively with kids who have suffered things like child abuse and to better assist those kids in making educational progress and overcoming the challenges of that trauma. After reviewing the project, he concluded that it is a project that is designed to help teachers to do better with kids who are either already beneficiaries or about to become beneficiaries. Each of the school districts have committed money to it. He adds that it is a worthwhile project, worth the investment and intends to support it.

The discussion continues.

TRUSTEE MICHAEL seconds the motion to postpone.

*There being no objection, the motion is approved.*

MR. JESSEE states that he is not clear on what additional information is being looked for in regard to this.

CHAIR WEBB understands that the key issues to be addressed were in gathering further information: the relationship between this project and the student outcome study; the relationship to cultural aversion programs; the perceived value of this to the districts in terms of high teacher turnover; how will this be sustained; and is it viewed as posing more additional duties that will inhibit rather than promote teachers in carrying out their primary mission.

TRUSTEE NORENE requests an opinion from Commissioner Hanley with the concerns expressed.

MR. JESSEE states that this would come back up at the Finance Committee meeting in January.

The discussion continues.

TRUSTEE SMITH moves on to the next item, a partnership application, Eklutna Clinic Community Center. The organization is the authorized Native Village of Eklutna.

TRUSTEE SMITH makes a motion for the Full Board to approve the Finance Committee's recommendation for \$55,900 FY16 partnership grant to the Native Village of Eklutna for the Eklutna Clinic and Community Center.

A discussion ensues.

*CHAIR WEBB calls the vote: Trustee Easley, yes; Trustee Derr, no; Trustee Smith, yes; Trustee Norene, no; Trustee Michael, no. The motion fails.*

TRUSTEE SMITH states that the next item is also a partnership. The proposal is a life house community health center construction project. The organization is Southcentral Foundation on behalf of the Chickaloon Traditional Council.

TRUSTEE SMITH makes a motion that the Full Board approve the Finance Committee's recommendation for a \$75,000 FY16 partnership to Southcentral Foundation on behalf of Chickaloon Traditional Council for the Life House Community Health Center construction project.

*There being no objection, the motion is approved.*

TRUSTEE SMITH states that the last item is a partnership grant, the acquisition of the John Thomas Building. The organization is RurAL CAP.

TRUSTEE SMITH makes a motion that the Full Board approve the Finance Committee's recommendation for a \$125,000 FY16 partnership grant to RurAL CAP for the acquisition of the John Thomas Building at 325 East 3<sup>rd</sup> Avenue, Anchorage.

CHAIR WEBB states that there is a record of the Full Board meeting where this project was considered and acted upon; it was approved at that time. He continues that there was a discussion at that meeting about the process of vetting and approving those things that raised a number of issues that need to be followed up on. He asks Trustees Smith, Michael and Norene to participate as a subcommittee and come up with ideas on how to restructure the process to address issues that were discussed at that meeting.

TRUSTEE SMITH moves on to the topic of asset allocation, RFP. He states that he and

Mr. Buckland have spent some time on that, and the last RFP was 2013. Mr. Buckland has reduced the draft to about eight-and-one-half pages with three focus areas. They are: whether or not going forward the percent payout is going to be enough for the demand that is seen in the near term; second would be how to address the impacts on State services that will be felt with the budget deficit and how that will impact what the Trust will be able to match; third is what is being looked for in this new asset allocation is a fresh look at the asset allocation. He adds that all the trustees will be provided a copy of the draft, and he will be meeting with Chair Webb on it.

MR. WILLIAMS states that he has a document that has proposed future meeting dates. It includes the additional meeting dates for the Planning Committee for 2016, and then it projects out the 2017 and 2018 meeting dates with the committees and Full Board. He asks that all look at it and check for any conflicts before he gets it out to the partner boards and others.

CHAIR WEBB asks for any other comments or questions. There being none, he breaks for lunch.

(Lunch break.)

CHAIR WEBB recognizes Denise Daniello.

#### **ALASKA COMMISSION ON AGING**

MS. DANIELLO states that she is executive director for the Alaska Commission on Aging and appreciates the opportunity to provide a report of the activities and recommendations as they relate to senior Trust beneficiaries. She begins by describing the Commission's role with regards to Medicaid expansion and reform efforts, and what has been learned from seniors regarding Medicaid reform. She states that the Department has embarked on this significant transformation project of Alaska's Medicaid program and has four primary goals for this project: First is to improve enrollee health outcomes; to optimize access to care and make sure that people are getting the right care at the right time and in the right place; to drive increased value; and to provide cost containment to conserve the General Funds dollars to insure a quality, sustainable Medicaid program for now and the future. She moves on, sharing the results of a series of forums done at senior centers regarding the Department's Medicaid reform efforts. She states that they would like to see improved access to health care information because Medicaid is complicated. Many seniors expressed concern about the health care workforce and also expressed the difficulty in getting medical appointments in a timely way. There is also concern about the shortage of geriatric health-care workers and doctors that supervise in geriatric medicine. She explains and goes through some of the suggestions made by the seniors to provide incentives and motivations for students to enroll in geriatric health-care training. She states that the National Alzheimer's Association has said that Alzheimer's disease is the most expensive disease in America because it has a very long duration. She continues that the goal of the national Alzheimer's plan is to effectively treat and prevent Alzheimer's disease by 2025. She continues her presentation, providing the recommendations and suggestions for updating the Comprehensive Integrated Mental Health Plan, going through all in great detail. She states that updating the comp plan is a huge process and endeavor, and a lot of questions come to mind.

She shares some of the questions, beginning with the need to have a current analysis of services and service gaps for each beneficiary population. She states the need to mobilize a comp plan steering committee with the comp plan playing an important role as being the Web-based headquarters for all these different planning documents that are out there that relate to Trust beneficiaries. She continues with the need to have action strategies. There are results areas, goals and indicators, but no action steps. She adds that the State Plan for Senior Services and ADRD roadmap have action steps, and the State Plan for Senior Services also has performance measures. She states that in order to develop an implementation plan there is a need for a set of strategies, dates, agencies responsible for implementation, and then have a report of those efforts on a regular basis to show progress. She moves on and shares a few items regarding their legislative priorities; the most important being preserving the safety net services for seniors. She continues that a reauthorization of the Alaska Commission on Aging will be sought because it will be up for sunset on June 30, 2016. She adds that if legislation is not passed to reauthorize the Commission, it will go away. She states that the ADRD stakeholder meeting will be held tomorrow from 10:00 a.m. to 2:00 p.m. The purpose of this meeting is to reconvene the partners to review the roadmap and to talk about the progress that has been made. She continues that Governor Walker has recognized November 2015 as Alzheimer's Disease Awareness Month and Family Caregivers' Month in Alaska. She adds that there are two executive proclamations to promote more awareness about Alzheimer's disease and the importance of early diagnosis. She reports that the Division of Public Health will include a perceived cognitive impairment module in this year's Behavioral Risk Factors Surveillance Survey. The findings from the 2016 survey will be used in comparison to those gathered in 2013 to expand the knowledge about Alzheimer's disease and other perceived cognitive impairments in Alaska. She thanks the National Alzheimer's Association for funding that effort. She states that Commissioner Rolf Numme from Wasilla resigned and the Boards and Commissions have been alerted to the vacancy. She invites all to the next board meeting on December 9, 2015.

CHAIR WEBB asks for any questions.

A short question-and-answer session ensues, followed by a discussion.

MS. LOFGREN states that a new terminology of perceived cognitive impairment is being used for mild cognitive impairment, which is associated to the related dementias with a significant risk of that turning into Alzheimer's disease later in life. She clarifies this, stating that perceived cognitive impairment is the new lingo for mild cognitive impairment, which is significant impairments in cognitive and functioning that impair the activities of daily living that is associated with a related dementia that has a high statistic likelihood that it would turn into Alzheimer's disease. She adds that dementia is more like a symptom, not always necessarily the disease. Alzheimer's is a specific disease within that.

CHAIR WEBB thanks Ms. Daniello for her presentation, and compliments her on her thinking regarding the comprehensive plan and the approach to it. He asks for her perspective on the Trust adding a position to focus on these kinds of things that were talked about.

MS. DANIELLO replies that it is a very complicated issue because she can see it so many different ways from the perspective of the Trust beneficiaries who need services. She states that



they may not understand how adding another staff person would be an appropriate use of Trust funds because they need services. She continues that, on the other hand, data is the real driver to policymaking.

CHAIR WEBB recognizes Patrick Reinhart.

## **GOVERNOR'S COUNCIL ON DISABILITIES AND SPECIAL EDUCATION**

MR. REINHART states that the Council just got through with the new council appointments process for the Governor's Office. He continues that the number of council members was cut down from 28 to 23, which is a significant savings of money for the council for this next year. He goes through the appointments and reappointments. He goes through the staff updates, and moves to the Medicaid expansion, explaining the reform. He then states that the Council is in its five-year plan process. He continues that they are in the midst of trying to do forums around the state, adding that all that input related to the areas of concern will be put together into the draft state plan. The hope is to have that out by March, 2016, and then go through a process of reviews and have it sent to the feds by June, 2016. He states that the Medicaid Ad Hoc Committee has been busy on the waitlist draw reduction that SDS talked about, and they are monitoring and providing feedback as that new policy is implemented.

TRUSTEE EASLEY asks about the DD register and what CMS and the State are requiring.

MR. REINHART replies that the decision to decrease the draw by 200 per year down to 50 per year was the financial decision made by the Department based upon the Legislature's reduction of unallocated funding to the Department. He states that next is a process of preparedness which will then be submitted to the CMS. He continues that this is basically a decrease in the number of people who get pulled for a waiver. He explains this in greater detail.

MS. LOFGREN states that the regulatory changes would need to be included in the renewal applications that SDA submits to CMS on a five-year basis. That waiver renewal needs to be in effect by July 1<sup>st</sup>, meaning that it will be submitted to CMS for initial approval this spring. She continues that this is one of the complicated issues in terms of looking at the 1915(i) and (k) state plan options. State plans cannot have waitlists, and it has to be statewide.

MR. REINHART reports on the early intervention committee and then moves to the state education committee, state education advisory board. He states that special ed is in the state systemic improvement plan and a parent handbook on transition which also related to employment is being put together. He talks about the Autism Ad Hoc Committee, and then moves on, continuing going through his presentation. He gives a quick update on Employment First, stating that a very successful meeting was convened defining the reporting mechanisms, the needs, and the data sets to do it effectively. On FASD Awareness Day 173 people attended the Anchorage event and 20-plus vendors. This event had some TV coverage, which he shares.

(Video being played.)

MR. REINHART states that there is a new telepractice committee with the idea of being involved in different ways of saving money not only in assessments but in the kind of services that can actually be provided via telepractice and not in person. He asks for any questions.

CHAIR WEBB asks for some feedback on what the advisory boards want to see in terms of the comprehensive plan process.

MR. REINHART replies that he concurs with Ms. Daniello and recommends that gathering the overlaps would be a great job for a graduate student to look at.

CHAIR WEBB thanks Mr. Reinhart, and calls a break.

(Break.)

CHAIR WEBB recognizes Kate Burkhart.

MS. BURKHART states that she is the executive director of the Alaska Mental Health Board and the Advisory Board on Alcoholism and Drug Abuse. She continues that, for the fall update, three topics were asked to be presented: Medicaid expansion reform and redesign; the impact of reductions of FY16 budgets; and the Comprehensive Integrated Mental Health Plan. Before she begins, she states that this morning Trustee Derr had stated that Gambell wanted to start an AA group and were uncertain as to how to go about that. She continues that starting an AA or an NA group does not take anything more than two people; and according to the literature, a coffee pot. Startups are available from the international organization. AA and NA groups are supposed to be self-sustaining, which is why Alcoholics Anonymous does not take public funding. It is part of their philosophy to be self-sustaining. She adds that if there is a contact person in Gambell, she has startup kits in the office that she can share with them. She can also connect them with folks in the region that might be able to mentor them in establishing a chapter. There is also a community in the state that does AA through Skype. Seldovia provides that service in the off-season because there are not enough people for a group when all the fisherman leave. She moves on to the second item, Trustee Easley asked about the use of mental health first aid efforts in the state. She explains that those are being supported primarily by a \$9 million federal grant the Department of Education and Early Development received last year; \$1.8 million a year that allow four youth mental health trainings in targeted districts, as well as statewide. She states that if there are communities interested in having that training, either she or Sharon Fishel at the Department of Education and Early Development can be contacted. She adds that there are resources available outside of the targeted school districts which are Anchorage, Mat-Su, and Kenai. She moves on to the conversation about creating a more robust structure for trustees to review projects for funding. She reminds all that in the recommendations for the FY17 budget, the Mental Health Board and ABADA did make a recommendation that the four advisory boards, the Commission on Aging and the Governor's Council be provided the opportunity to review and make recommendations on all requests for IMPACT funds, and not just the requests for recommendations in the annual mental health budget small project grants. This was brought before the Trust in August. She starts her presentation with the boards' efforts around Medicaid reform and redesign. She states that as the Commission on Aging and the Governor's Council reported, the Mental Health Board and ABADA have had stakeholder

engagement opportunities related to both the home- and community-based services reform effort and the more comprehensive Medicaid redesign. The focus has been on connecting with actual Medicaid recipients and their families and caregivers. There have been opportunities to have conversations with providers, but the primary focus has been the people who receive or are now eligible to apply for Medicaid services and what they say would enhance the quality of the services received. She adds that there were conversations in Juneau, Anchorage, Fairbanks and Mat-Su that were targeted to Medicaid reform and redesign. She goes through the structure of the meetings and the questions asked. She states that some of the things coming out of these conversations are aligned with the initiatives that are being considered by the steering committee. She adds that some really good ideas are also coming out of these talks. She moves on to the reform effort around the 1915 state plan options and the large redesigned steering committee with the hope to be able to provide a more comprehensive look at what is happening from a variety of perspectives. She states that they work with the Division of Senior and Disability Services to insure that representatives from the constituency are participating in the Consumer First Choice Council. She continues her presentation, explaining as she goes along. She states the hope that more of the folks connect to services for which they are eligible because of their participation in the different outreach methods. She continues that one of the examples of the impact of the state FY16 budget is that there is a situation where there is heightened awareness and desire to address issues around opiate abuse and overdose and death, but funding for substance abuse treatment is flat. She explains in greater detail. She continues her presentation, explaining as she goes along. She states that supportive housing opportunities are in the plan with the hope to support implementation of the supportive housing plan put together by the consultants from PAC. She moves on to the basic needs, beginning with food security and the need to anticipate that food banks and food pantries will continue to see increased demand, which will have a great impact on beneficiaries. She states that public assistance has to do with the heating assistance program. The funding at the state and federal level has been reduced, and when that runs out, that is it. She states that eligibility for heating assistance is greater than eligibility for Medicaid and is a higher income standard. She goes through the funding available and moves to the impacts around the budget and how they influence the beneficiaries, explaining as she goes along. She states that the recommendations related to the comprehensive plan is to look at what the planning councils and various departments and organizations have already done, pull the elements that are related to beneficiaries, and distill them into something comprehensive. She continues that the way to insure that the comprehensive plan is a document that reflects what beneficiaries need and help guide the decision-making would be to review all of the plans; identify the goals and strategies relevant to Trust beneficiaries; and consolidate the duties relevant to these goals and strategies.

CHAIR WEBB asks for any questions or comments.

TRUSTEE SMITH states that he would like to help facilitate and be involved with supporting AA groups in smaller communities.

CHAIR WEBB thanks Ms. Burkhart, and recognizes Diane Casto representing the Department of Corrections.

## DEPARTMENT OF CORRECTIONS

MS. CASTO states that there have been a lot of changes in the DOC in the past 72 hours; Commissioner Ron Taylor resigned and Walt Monegan became the Interim Commissioner. She continues that part of the Commissioner's departure was a report from the Governor's Office that was an administrative review requested to look at the recent deaths at DOC over the last few years. She adds that it is available online, along with recommendations. She states that all of the supervisors from both field probation, institutional probation, COs, superintendents, assistant superintendents, and executive staff met for three days in Palmer. The title of the training was "Successful Re-entry: The Way Forward." She continues that talked about was how to move re-entry forward; how to do a better job of engaging staff, inmates, partners; and looking at the critical areas that need attention. She adds that the new commissioner is on board with the direction and will be supporting the re-entry efforts. She states that town hall meetings within the institutions started a few months ago. The meetings are with the inmates, and there have been two done at Palmer Correctional Center, Anvil Mountain Correctional Center, and Lemon Creek Correctional Center. She continues that these meetings are eye-opening opportunities to talk directly to the inmates and asks about what works for them and what is needed from staff. She adds that what was found is that substance abuse is a huge part of the prison system, especially in terms of how to continue to move forward and make sure that people are successful in re-entering communities. She states the need for more substance abuse assessments, treatment, after-care support, both inside, as well as when transitioning out, and then back in the community without supervision. She asks Steve Williams if he has anything to add about his experience attending one of the meetings.

MR. WILLIAMS replies that he was at Anvil Mountain's gym with over 100 folks and seven or eight of the commissioners from the Alaska Criminal Justice Commission in front. He states that everyone raised their hand that there was some sort of addiction or substance involved with the crime they were being held on. He continues that when asked what they needed, the reply was residential treatment, access to treatment inside and outside in the community. He adds that of the individuals there, only a handful were women. The discussion would go back to issues around historical and cultural trauma that have been experienced by generations of these individuals that are contributing factors to their involvement to where they were in that moment in time. He states that it was something that he knew intellectually, but to see it in the room hammered it home.

MS. CASTO moves on to the community re-entry conditions that are going on currently as the result of the generosity of the Trust giving \$500,000 to that effort. She states that there are four communities that applied for and received \$100,000 each to hire a coordinator and begin the process through a community assessment of their services needs for returning citizens. She continues that the coalitions are going through the process of looking at the available inventory of services and then looking at the gaps. She adds that the four communities funded are Fairbanks, Mat-Su, Anchorage and Juneau. She continues that Bethel, Dillingham, Nome and Kenai are either restating re-entry coalitions or are considering investigating in the process. She states that the whole goal for re-entry is to be prepared, have resources, services and a process ready for the handoff from the institutions into the transitional phase and then into a community.

She notes that the second thing is that the community needs to be reminded that folks are re-entering every day with a plan and an actual way forward to make sure they are successful.

MR. WILLIAMS states that he and Katie Baldwin-Johnson are working with the DOC to make sure that the forward movement does not stall. He continues that, going back to Nome and Anvil Mountain, the trustees are aware of the work on rebuilding a continuum of substance abuse and mental health services for the region. He adds that if there is a mental health crisis going on at Anvil Mountain, there is a contract in place so they can contact Norton Sound Behavioral Health to provide that service. He talks about the possibility of restructuring this to provide continuing opportunities for success. He explains this more fully and appreciates the people in the leadership positions at DOC in helping the Trust in facilitating of this.

MS. CASTO shares another quick success story from the Nome trip and states how helpful the rural outreach trips are. She continues that on December 3, APRN is doing a community and unity event entitled Successful Prisoner Re-entry. She adds that there will be a live panel talking about a woman out of Hiland Mountain who has re-entered the community and following her success; also an art show, and it will air on Alaska Public TV, December 8. She states that this program was started by Justice Dana Fabe, and was incredibly successful. She asks for any questions.

TRUSTEE EASLEY states that Bethel, Dillingham, Nome and Kenai were mentioned and asks if there is anything the Trust can do to help.

MS. CASTRO replies that right now they do not have coordinators and are not quite ready for a funded position.

CHAIR WEBB thanks Ms. Castro, and moves on to Public Comment. He states that he will take public comment and asks for anyone to come forward. There being no one at this time, he recesses public comment briefly. He states that there are two issues that need to be addressed and begins with the matter of the embedded social and emotional learning project. He recognizes Kate Baldwin-Johnson to address and answer the questions that were asked this morning.

MS. BALDWIN-JOHNSON states that there is a timing issue. The US Department of Education is finalizing their awards on December 22, and the determination of Trust funding is probably necessary sooner than later. There is no option to wait until January on that.

TRUSTEE DERR asks about the notice of award.

MS. BALDWIN-JOHNSON replies that notice of intent to award was received, but is contingent on demonstrating the match.

MS. GRASGREEN states that the intent to award is contingent upon a 15 percent match for the project, and adds that they have been diligently working on that.

MS. BALDWIN-JOHNSON states that this award is one of seven out of 1300 applicants and is highly competitive. It is an opportunity to bring close to \$3 million into the state of Alaska for rural school districts. The Trust funding is 50 percent of the 15 percent required match. She continues that she has a copy of a letter of support from Commissioner Hanley in favor of this project. She adds that there was some inquiry about engagement and involvement of tribal entities, and has discovered that there are many ways that the tribal entities are actually engaged in this project. She goes into that in more detail. She states that First Alaskans Institute was a partner on this project, and were written into the proposal with both in-kind and direct funding to contribute towards the match. Each region is also looking at identifying the industry partners. She adds that those were the key updates.

TRUSTEE DERR states that the award is three quarters of a million dollars over the three years for evaluator and only \$30,000 for trainers. She asks that this be explained.

MS. GRASGREEN replies that being partners with the American Institution of Research is the reason for being chosen. A part of what these 13 intervention groups focus on is placing those improvements within schools and figuring out how to translate the evaluator points, which is very important.

A short discussion ensues.

CHAIR WEBB asks the wishes of the board regarding this project.

TRUSTEE EASLEY asks if there is a motion.

CHAIR WEBB replies that the motion earlier was a Finance Committee motion, and that it was tabled.

TRUSTEE DERR makes a motion to take it off the table.

TRUSTEE EASLEY seconds.

CHAIR WEBB asks if there is an objection to bringing the original motion to the floor.

*There being no objection, the motion is approved.*

CHAIR WEBB rereads the original motion: The Finance Committee recommends the Full Board approve a \$100,000 FY16 partnership grant to the Association of Alaska School Boards for the Culturally Responsive Embedded Social and Emotional Learning Project contingent on award of U.S. Department of Education Innovation Fund 13 program funds. He asks for any objections.

TRUSTEE NORENE objects, stating that the timing, the event of more federal money, was not enough to convince him that this is a priority enough for the Trust.

*CHAIR WEBB calls the vote: Trustee Easley, yes; Trustee Derr, yes; Trustee Smith, yes; Trustee Michael, yes; Chair Webb, yes. The motion is approved.*

CHAIR WEBB moves back to Public Comment.

## **PUBLIC COMMENT**

CHAIR WEBB recognizes Julie Davies from the Alaska Brain Injury Network.

MS. DAVIES begins by thanking the Trust for the generous support of co-sponsoring the fourth annual Alaska Brain Institute that was held November 4-6 in Girdwood. She also thanks the Trust for offering support to the DJJ which allowed many of their staff members to come and participate in the event. She gives a short report, stating that there were 100 participants from all over the state who, for three days, got to hear from experts in brain injury and the co-occurring mental health issues that come with that. She continues that the event ended with a local woman sharing her story of surviving and living with a severe brain injury. She states that up to 17 CEUs were offered for this conference, and there will be a follow-up with two webinars for the participants to complete their training.

TRUSTEE MICHAEL asks where she could refer a young person who has just experienced a brain injury.

MS. DAVIES replies that she could call the Alaska Brain Injury Network and ask for Julie.

MR. BALDWIN states that ABIN has done an awesome job, and appreciates working with Ms. Davies.

CHAIR WEBB thanks Ms. Davies, and asks for any other comments. He states that a written comment was received from Faith Myers and asks Mr. Jessee to talk about the e-mail received regarding the capacity of API and where that stands, and some of the changes that have occurred.

MR. JESSEE states that API is down another psychiatrist and the census of API is restricted to 45. He continues that some people will be discharged from a couple of units, and they will not bring in any additional people until the medical oversight problem is solved. This medical oversight issue is becoming more common and more problematic.

CHAIR WEBB states that having only 45 of 80 beds in a hospital that was underbuilt to begin with means that there is an absolute crisis, which is unacceptable today. He has asked Mr. Jessee to set up a meeting with the Commissioner and the Deputy Commissioner of Health and Social Services as soon as possible to engage in a dialogue about how to solve this crisis.

A discussion ensues.

CHAIR WEBB moves on, stating that there was a motion on the table to raise the admin budget and fund a new position. There has been a good bit of discussion about that and he comments on it.

A discussion ensues, explaining the situation in depth.

TRUSTEE EASLEY makes a motion to go into executive session.

TRUSTEE SMITH seconds.

*There being no objection, the motion is approved.*

(Executive session beginning at 5:33 p.m. until 5:43 p.m.)

CHAIR WEBB calls the meeting back into session. He states that there is a motion before us that has been made and seconded.

TRUSTEE DERR asks that the motion be read again.

TRUSTEE MICHAEL states that the motion is to increase the Full Board's previous FY17 budget recommendation for MHT admin funds for the Trust Authority by \$150,000 from \$3,612,000 to \$3,762,000, and also recommend an additional PCN be established within the Trust Authority for FY17.

*CHAIR WEBB calls the vote: Trustee Easley, no; Trustee Derr, no; Trustee Smith, no; Trustee Norene, yes; Trustee Michael, yes. Motion fails.*

TRUSTEE DERR states that she would like to see budget figures and the job description and the write-up of what this actually is.

MR. JESSEE states that he will distribute the draft, and then if there is a desire to have another round of discussions with this that a meeting can be called.

CHAIR WEBB asks for a motion to adjourn.

TRUSTEE EASLEY makes a motion to adjourn the meeting.

TRUSTEE DERR seconds.

*There being no objection, the motion is approved.*

(Full Board meeting adjourned at 5:47 p.m.)